



Collabria Care
Collabria Hospice

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Collabria Care – Collabria Hospice

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**ALZHEIMER’S & DEMENTIA CAREGIVER WORKSHOPS OFFERED IN AMERICAN CANYON
PRESENTED BY COLLABRIA CARE**

Collabria Care, formerly Napa Valley Hospice & Adult Day Services, invites the community to a series called Alzheimer’s & Dementia Caregiver Workshops, which will be held in American Canyon, starting on July 28. These workshops are geared toward caregivers who are living with loved ones who have moderate to advanced Alzheimer’s disease or related dementias. The presentation will be followed by a question and answer session with participant exchange welcome. The topics to be covered are:

Thursday, July 28:

What is Normal Aging vs. Dementia?

Learn the differences and inevitable changes.

Thursday, August 25

Positive Approach to Brain Change.

Teepa Snow’s training on the “Gems Approach.”

Thursday, September 15

Learning to Speak Alzheimer’s

Learn tools and techniques for successful communication

This series is offered as a free community service and is open to all. Workshops will take place at American Canyon Library, 300 Crawford Way, American Canyon from 1:00 p.m. to 3:00 pm. on the dates listed above. Pre-registration is required. To register or to request additional information, contact Jillian McNab at (707) 258-9087 ext. 272 or via email at jmcnab@collabriacare.org. Course materials will be provided at no cost and light refreshments will be available

Collabria Care is the only designated Alzheimer's Resource Center for Napa County, offering an array of valuable resources.

Our Alzheimer's Resource Center provides:

- *Quality dementia care*
- *Therapeutic activities to help dementia patients function at the highest possible level*
- *Caregiver support; counseling, family consultations, groups, education, training and respite*
- *Community resources; information, referrals, educational opportunities and a lending library*
- *Training opportunities for professionals, students and others providing care and treatment for those with dementia*

Free Family Consultations:

- *No cost family consultations to those who have a diagnosis of Alzheimer's or other forms of dementia, their families and caregiver.*
- *Consultations are led a licensed social worker.*
- *Available on site, in the caregiver's home by conference call*

As part of the consultations families gain:

- *An understanding of the disease and what to expect*
- *Tips and tools to ensure safety, improve communication, and manage challenging behaviors*
- *Referrals to other experts as needed*

For more information, or to arrange a family consultation, visit <http://collabriacare.org> or call (707) 258-9080.

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