

COMMUNITY CONVERSATION SERIES, 2017

RETIREMENT RENEWAL FORUMS

for those planning retirement or are retired

Kal Edwards MA, Coordinator,
Presents

HEALTHY BRAINS: HOW TO KEEP (OR LOSE) YOUR MIND

Worry about losing your keys? Can't remember the name of a book or person? Questions or concerns about Alzheimer's Disease? Don't despair. There are many things we can do to delay its onset. Learn what a person can do at any age to perhaps delay the onset even if genetically predisposed to the disease.

Featuring

Pat Wolfe, Ed.D

Tuesday, March 7, 2017, 5:30 - 7:00 pm
Collabria Care, Community Room
414 South Jefferson Street, Napa

This is a free community event
Reserve early to assure your place:
707.258.9087 x 272 or
healthedcoordinator@collabriacare.org
Refreshments served



Collabria Care

Formerly Napa Valley Hospice & Adult Day Services

≡ ASSISTED LIVING & MEMORY CARE ≡

Aegis Living
of Napa

v011917

414 SOUTH JEFFERSON STREET | NAPA | CA 94559 | 707.258.9087 X 272