


Enrichment Programming Offered:	<b>BRAIN WORKOUT</b> 	<b>HEALTH IMPROVEMENT</b> 	<b>REFLECTION</b> 	<b>LEARNING</b> 	<b>MUSIC &amp; ART</b> 
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 **En Español**

**Daily Morning Activities/ Actividades Diarias (AM)**

**Daily Afternoon Activities/ Actividades Diarias (PM)**

Mondays	Tuesdays	Wednesday	Thursdays	Fridays
MUSIC W/ RIC BINGO w/Colin & Ray TABLE & CARD GAMES SENSORY GROUP ACTIVITY	NEWS & CLUES w/ Mary Lu SIT & FIT / FLOOR GAMES MOVE & GROOVE w/Vern, Christine, & Chuck	REMINISCING w/ Leona & Cenora "LIFE STORY" SLIDESHOWS MOVE & GROOVE TABLE GAMES w/ PAT & Chuck	KARAOKE w/ Lisa & Andrew MEMORY WORKOUT w/ Ray CULTURA LATINA w/ Maria Teresa BIBLE STUDY w/ Steven MOVE & GROOVE	MUSIC W/ RIC BIBLE STUDY w/ Georgette, Anthony, Mark, & Greta ART W/ Susan & Jacqueline
QUILTING COSTURA ARMCHAIR TRAVEL MOVE & GROOVE w/ Paul	MUSIC & MEMORY  BEAUTY SHOP ALLAN'S MEMORY WORKOUT EVENTOS ACTUALES	ESTUDIA DE LA BIBLIA w/ Ramon MEMORY WORKOUT MUSIC & MEMORY 	 CREATIVE STORY-TELLING & CURRENT EVENTS MEN'S GROUP ART w/ Patti Sherry & Melanie	KARAOKE EN ESPAÑOL LINDA'S READING CORNER FAR OUT FRIDAYS FLOOR GAMES/ MOVE & GROOVE w/ Hillary

**Special Programming for SEPTEMBER:**

	M	T	W	TH	F
					
<b>WK 1</b>	3 CENTER CLOSED 	4 Happy Birthday Delores Smooth Sax w/ Phillip & David S.	5 Happy Birthday Aletha Gardening Group w/ Mary & Andrew Self-Esteem w/ Noely & Sandy	6 Happy Birthday Lou F. & Donna Grupo Con Yolanda (Mujeres) Art Appreciation (Smithsonian Museum Tour)	7 Donna J. Birthday Weekend Poetry Appreciation w/ Gunder & Curtis
<b>WK 2</b>	10 Life Skills w/ Kelsey, Mark & Nancy	11 Happy Birthday Hillary Patriot Day Music s/ James & Vern	12 Happy Birthday Gary & Eleanor (Drumming Circle w/ Cy & James)	13 Worldwide Bluegrass Music Month Curtis Mindfulness Group w/ Kathy, Jill, Lou, & Curtis	14 Wayne P. & Scot's Birthday Weekend. Hispanic Heritage Month (Salsa Making) Grupo Con Yolanda (Hombres)
<b>WK 3</b>	17 Life Skills w/ Kelsey, Florence & Linda	18 Happy Birthday Moises M. Music w/ James & Michael Disney Day "Wear Your Favorite Disney Costume"	19 Happy Birthday Mary Lu Gardening Group w/ Mary & Gunder Armchair Travel to France w/ Dr. Dan & Lucette	20 Grupo Con Yolanda (Mujeres) Adult Day Program 20 <sup>th</sup> Year Celebration! Music & Dance w/ Jack, Kenn & Carla	21 Earskine, Nancy & Grace's Birthday Weekend Science w/ Anthony
<b>WK 4</b>	24	25 Smooth Sax w/ Phillip & David S.	26 Happy Birthday Wanda & Nancy R. Music & Dance w/ Mark & Gary	27 Happy Birthday Virginia G. & Bob G. Mindfulness Group w/ Kathy, Jill, & Mark T.	28 Ron & Ignacia's Birthday Weekend Grupo Con Yolanda (Hombres)
<b>WK 5</b>					

414 South Jefferson St., Napa(707)258-9087  
Collabria Care  
Groups are held at:

All support groups meetings are FREE and facilitated  
by qualified social workers and professionals.

**Caregiver Support Group**  
3<sup>rd</sup> Wednesday of each month  
5:30 pm to 7 pm

**Caregiver Support Group with Respite**  
1<sup>st</sup> Thursday of each month  
1 pm to 3 pm



**Collabria Care**

*Formerly Napa Valley Hospice & Adult Day Services*

**SEPTEMBER - 2018**

**414 South Jefferson St., Napa, California**

