Gratitude Report 2018
From her home in Calistoga, 93-year-old Jeanne Lord has touched the lives of hundreds, if not thousands, of orphaned youth.

From the comfort of her favorite armchair, she knits soft, colorful squares, in a rainbow of hues, that journey nearly 10,000 miles to Agape Children’s Ministry in Kenya, which works to reintegrate orphaned youth with their families. Each child chooses the squares they like, which are then turned into a blanket—a personal item of comfort made just for them at a time when they have little else.

These days, Jeanne knits a little slower and sometimes has to go back to fix dropped stitches, her health having been affected by a number of transient ischemic attacks (TIAs), also known as mini strokes.

But she is able to remain at home, doing what she loves, thanks to the support she and her caregiver, her daughter Deanna, receive from Collabria Hospice.

**Continuing a lifetime of service**

Jeanne spent her adult life in philanthropy and service. She was the national president of a 20,000-member sorority in the late 1960s, the president of the American Women’s Club in London in the 1970s, and was involved in the LA County Epilepsy Society and the Assistance League after that. And she involved her family. “Mom always had projects, like stuffing envelopes, for us to help with at home,” Deanna explains.

In 2012 she moved up to northern California to be closer to her daughters. Five years ago, she suffered her first TIA. “That one was quick—she didn’t even realize it was happening,” Deanna says, “but in mid-December of last year, she had
two more that changed everything. She was hospitalized for one, suffered the next one while still in the hospital and nearly died. Mom knew she wasn’t going to return to her former self or prevent more TIAs with more time in the hospital–she was done with tests and medications, and she wanted to be in her home among her own belongings.”

Jeanne and Deanna got a referral for Collabria Hospice. “A hospital or institution is not always a fit at the end of life, and after my experiences with the losses of my husband, sister, and father, I knew Mom’s decision to go on hospice care was the right one.

“With Collabria Hospice’s help, we were able to honor how she wanted to live the rest of her life.

“She has suffered additional TIAs since coming home, but takes no meds and has no pain. I’m her caregiver, and working with Collabria Hospice, I feel I can give her better care than if she were in a facility: here, she’s comfortable, happy, and in her own element and routine. Her hospice team keeps an eye on anything that needs to be watched, provides resources like lift assistance and is there to answer any questions any time of day or night that I need it.

“We’re all in different spots on this journey called life. Thanks to Collabria Hospice, my mother is exactly where she wants to be on hers: helping others.”

Knitting one square at a time.

Patient Age

<table>
<thead>
<tr>
<th>Age Group</th>
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<tbody>
<tr>
<td>1-39</td>
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</tr>
<tr>
<td>40-64</td>
<td>8%</td>
</tr>
<tr>
<td>65-84</td>
<td>36%</td>
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<tr>
<td>85+</td>
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Residence

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<td>City of Napa</td>
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<tr>
<td>Up Valley</td>
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<tr>
<td>American Canyon</td>
<td>4%</td>
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<tr>
<td>Solano County</td>
<td>3%</td>
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Diagnosis

<table>
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<tr>
<th>Condition</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Alzheimer’s/Dementia</td>
<td>32%</td>
</tr>
<tr>
<td>Cancer</td>
<td>24%</td>
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<tr>
<td>Cardiac Disease</td>
<td>17%</td>
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<tr>
<td>Lung Disease</td>
<td>9%</td>
</tr>
<tr>
<td>Other</td>
<td>18%</td>
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</table>
Day Program

When Gustavo began forgetting their children’s birthdays, Francisca knew her husband’s health issues were more than stress.

Doctors had chalked up his neck pain and frustration about work to job-related stress. But an appointment with a neurologist revealed Gustavo—in his mid 40s, with three children and a wife—had Alzheimer’s disease.

No longer able to work, Gustavo became depressed and withdrawn. Francisca, who had been a full-time mom, had to become the breadwinner for her family—difficult enough, but impossible without someone to care for Gustavo.

The neurologist recommended the Collabria Day Program. “Gustavo refused at first,” Francisca explains. “He thought it was only for old people.

“But after trying it, he enjoyed it. Like going to work, it gave him purpose. They got him involved in activities and socializing, and provided rehabilitation to keep him as active and healthy as possible.

“Knowing he was in a good environment and being well taken care of, I was able to get a job to support my family. Through Collabria Care, I’ve also been able to attend a caregiver support group and take classes on dementia care, and they’ve helped me with medical supplies and paperwork.

“What I noticed about Collabria Day Program is how they focus on the person,” Francisca says. “They found what Gustavo enjoys, and even as the disease progresses, keep him active and involved.

“I don’t know what we would have done if we hadn’t found the Day Program.”
Palliative Care Services

For lifelong Napa residents George and Jill Oram, the ins and outs of healthcare are something they’ve learned to navigate pretty well.

George suffered a massive stroke in 1999. But with treatment and rehab, he was up and walking again. A year ago, he tripped on a culvert, and again, “they fixed me up,” George says. But injuries from a second fall left him unable to walk without assistance.

Jill, who runs her own consulting business, was now his sole caregiver. So when she learned about Collabria Care Palliative Services from a friend, she reached out to them. RN Case Manager Jamie McNamara, who had been George’s nurse after his stroke, contacted her and when she heard about his condition, offered to stop by. Afterwards, she arranged with George’s physician for George to receive palliative care services.

“Providing healthcare at home can be overwhelming,” Jill admits, “but the palliative care team streamlined and improved the whole process. It has been a godsend. They arranged for in-home care so we didn’t spend most of our day going to and waiting for appointments, and an electric wheelchair so George can be mobile on his own. They’ve educated me on things such as wound care, and are there if I have any concerns. They communicate with his doctors on our behalf, and the response back is immediate.”

“Jamie also helped me put together an advance health care directive to spell out what types of care I want and don’t want in an emergency if I’m unable to tell them,” adds George.

“Without an advocate, you don’t know what resources you’re missing out on,” says Jill. “Collabria Care Palliative Services is worth its weight in gold.”

<table>
<thead>
<tr>
<th>Patient Age</th>
<th>1%</th>
<th>13%</th>
<th>44%</th>
<th>42%</th>
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<tbody>
<tr>
<td></td>
<td>1-39</td>
<td>40-64</td>
<td>65-84</td>
<td>85+</td>
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<thead>
<tr>
<th>Primary Diagnosis</th>
<th>18%</th>
<th>82%</th>
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<tr>
<td>Cancer</td>
<td></td>
<td></td>
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<tr>
<td>Non-Cancer (heart disease, COPD/emphysema, chronic kidney disease, dementia)</td>
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<table>
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<tr>
<th>Residence</th>
<th>74%</th>
<th>20%</th>
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<tr>
<td>City of Napa</td>
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<tr>
<td>Up Valley</td>
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“We held Julie’s memorial service on September 30, 2017. On October 8, our home and all our possessions were destroyed in the Atlas Fire,” recalls Napa resident Jim Graziani. “In a matter of a few weeks, I lost both my wife and the place we had called home for 20 years.”

For rebuilding the home, he needed a good contractor. For rebuilding his life, Jim has had the help of Collabria Hospice bereavement counselor Janeen Fabulae.

“I attended a Loving Spirit workshop in Sun Valley, ID, after Julie passed away, which was extremely helpful. But grieving and moving on is a process. Sometimes I wake up and, for a second, think Julie’s still here. You miss the emotional connection, the physical contact, just having someone there who knows and understands you.”

A friend recommended Jim contact Janeen. “Janeen gives me a space to talk about and process what I’m feeling and how to move forward,” Jim explains. “It’s the best parts about talking to a friend, and the best parts about talking to a therapist—she listens without judgment and provides support—even on something like dating again. She provides perspective and suggests ways to think about how and why things happen.

“Being able to regularly check in with someone who understands what you’ve been through so far, what you’re going through now and what you still face? It’s a constant in a world filled with changes, and makes you feel like you’re not in it alone.”

Jim sponsored a Living Spirit workshop at Collabria Care in May 2019. We thank him for his generosity.

Counseling and Bereavement Services

<table>
<thead>
<tr>
<th></th>
<th>878</th>
<th>112</th>
<th>546</th>
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<tbody>
<tr>
<td>Hospice patients’ family members served</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community members served through bereavement workshops</td>
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<td></td>
<td></td>
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<tr>
<td>Community members served through individual counseling</td>
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Legacy Society

Over the years, through his own charitable contributions Dick Maher demonstrated for his five children the importance of giving time and resources to help our community. So when putting together his estate plan, he involved them in that, as well.

These discussions can be difficult, but for the Maher family, it was a natural progression of a conversation that had been going on for years. “I said ‘This is what I have and this is where I want to put it to use,’” Dick explains. “My children said ‘Dad, it’s your money. We support your plan.”

Collabria Care is fortunate to be one of his designated beneficiaries. “I knew their work from served as a board member for years. But before that, I experienced firsthand the care and compassion they provide when my wife, Marcia, was diagnosed with a brain tumor.

“Marcia went through surgery and chemotherapy, and then experimental medication to try to stop the tumor. After a graceful and courageous battle she finally said, ‘No more’ and went on hospice service.

“She really liked the care she got. And we discovered that Collabria Hospice’s care extended to the whole family. Once you know what’s going to happen, you start grieving, and have a lot of questions. Our nurse answered those questions, and helped me understand how to talk to and prepare my family and Marcia’s friends. We all benefitted.

“It was a defining experience for all of us, and it was clear how important it was to make sure this kind of care and support are there for others in their times of need.”

For more information about our Legacy Society or including Collabria Care in your estate plans, please contact Jennifer McConnehey at 707-258-9080 or at jmcconnehey@collabriacare.org.
From the Board of Directors

Collabria Care has provided compassionate and excellent care to our community for the last 40 years, and I am so very proud of what we achieved in 2018 to continue that mission.

The stories we share in this report illustrate just a few of the ways you’ve helped thousands within our community in their time of need. In addition, with your support:

- We enhanced the spectrum and capacity of our specialized care, including Alzheimer’s, palliative and hospice services.
- We met the challenges of the current healthcare environment and strengthened our long-term sustainability through a partnership with a larger nonprofit healthcare provider, St. Joseph Home & Community Care. This partnership, with an organization we have long admired and trusted, prepares us for future growth as the need for these specialized services increases.

Through all of this, President and CEO Linda Gibson led our organization professionally and skillfully, and took a leading role in the negotiations to partner with St. Joseph Home & Community Care. She laid a solid foundation for our newly appointed Executive Director, Celine Regalia, who brings her own wealth of experience to this new leadership position.

We’ve come amazingly far, but as a nonprofit organization, we couldn’t have done any of this without you.

And with your ongoing help, we will continue to make a difference in the health and wellbeing of our community, for another 40 years.

Deborah Macdonald
Chair, Collabria Care Board of Directors

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*No longer on Board
2018 In Review

Who We Serve
Total Unduplicated Served 4,771

Patients/Participants
Hospice 595
Palliative Care 143
Day Program 234

Caregivers
Assisted 3,476
Trainings 28
Caregiver Support 932

Community
Family Consultations 325
Conferences Workshops 395
Information & Assistance 1,347
UpValley Village 59

Total Funds Raised
January 1, 2018 – December 31, 2018

Cash Contributions $2,724,738
In-Kind Contributions $376,378
2018 President’s Circle
Honors those who contribute a total of $2,500 or more annually.

$25,000 and above
Anonymous
Napa Valley Vintners
The Marjorie Brandon Trust
Dorothy and Ron Fagundes
The Estate of Iginio P. Fontana
Isabel and R. Michael Mondavi
Napa County Health & Human Services
Cathy Edwards and Stan Peterson
St. Joseph Health, Queen of the Valley
St. Helena Foundation, Adventist Health
State of California Department of Aging
Leigh Anne and Anthony R. Torres
Maria and Bob Torres
Evelyn and Bob Trinchero
Wayne Grey Wilson Foundation

$10,000 to $24,999
Anonymous
Adventist Health St. Helena
Ulla and John H. Brown
Pepper and Michael Jackson
Rich and Leslie Frank
Miljenko “Mike” Grgich
Pepper and Michael Jackson
Shannon Maher
Melanson Family Foundation
Michelle Melanson
Napa Valley Community Disaster Relief Fund of Napa Valley Community Foundation
Beth Nickel Fund at the American Endowment Foundation
Partnership Healthplan of California
Valerie and Robert P. Peebles
Laur and KR Rombauer
St. Joseph Health Home & Community Care
The Alfred J. & Noreen S. Thomas Survivor’s Trust
Stephanie and Carlo Trinchero
Jennifer and Mario Trinchero
The George and Lena Valente Foundation

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Association Mausoleum, Cemetery, Cremation
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Napa Valley Memorial Park
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Senior Helpers North Bay
Gail and Paul Silvestri
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Aegis Living of Napa
Debb Almeida
Alta Mesa Group
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Bob Barbarick
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Chateau Montelena Winery
City of American Canyon
Shannon Coomes, RN and Larry Coomes
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The Doctors Company
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Lynx Fixed Base Operator
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Kathleen and Stephen Silva
Cricket and Jim Smith
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Joanne E. Sutro and Wayne Cain
Bonny and Thomas Thrower
Deborah and Raymond Tonella
Trinchero Family Estates
U.S. Bank
Carol T. Williams, RN, and Robert C. Williams, DDS

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Honors those who contribute $1,000 – $2,499 annually.

$1,000 TO $2,499
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Cheryl J. Bailly-Jacobs
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Frank S. Brezel
Kris and Gregory Brown
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Elfy Carpenter
Michele Cheetham
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Tecumseh Foundation
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Ellen Udoff
Margaret and Joseph Valenzuela
Lisa A. Marsay and Michael Weis
Helene Weiss
Dede Wilsey
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We thank all of our donors for their generous support in 2018, including those whose heartfelt donations of less than $100 are not listed due to space limitations.

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- Ken Werris
- Michael Wolf
- John Yandell, Jr.
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- A Little Romance
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- Abbey Carpets Unlimited
- Bettina and Dale Acomb
- J. Patrick Adamson, MD
- Bette and Dale Acomb
- Abbey Carpets Unlimited
- Barbara J. Abate
- A Little Romance
- Anonymous
- $500 TO $999
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- Charles G. Morse, Esquire
- Robert McCullough
- Hollie Mayberry
- Else Luzzi
- Nia Lendaris
- Louis Lee
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Mercedes Ontiveros  
Jessica Perfecto, RN  
Bruce Peters  
Celine A. Regalia  
Joanne E. Sutro  
Erika M. Tavakoli  
Patricia Vigil  
Carol T. Williams, RN  
Patricia Zwetsloot  

**Gifts In Kind**  
Anonymous  
6 North Cellsars  
Ackerman Family Vineyards  
Acres Home & Garden  
Amizetta Estate Winery  
Angele Restaurant  
Anomaly Vineyards  
Aonair Wine  
Appellation Trading Company / Edict Wines  
Aqua Grill  
Brian Arden Winery  
ARIA Resort & Casino  
David Arthur Vineyards  

Thomas Arvid  
Marilina and Paul Asmuth  
Azur Wines  
Baldacci Family Vineyards  
Betty P. and William V. Ballentine  
Balloons Above the Valley Bar  
Jeaju’s Body Therapy  
Barnett Vineyards  
Bell Wine Cellars  
Bella Cucina Catering  
Benbow Historic Inn  
Mark Berenger  
Robert Biale Vineyards  
Black Cordon Vineyards  
Blue Farm Wines  
Blue Oak Vineyard  
Body Armor Sports Drink  
Glaris Gallois and Jean-Charles Boisset  
Bourassa Vineyards  
Buehler Vineyards  
Caesas’s Entertainment  
Cameo Cinema  
Caymus Verdera Country Club  
Caymus Vineyards  
Amelia M. and Pedro Ceja  
Champions Off the Field  
Chardonnay Golf Club  
The Charter Oak  
Chase Cellars  
The Chef’s Table  
Cirque du Soleil  
Cline Family Cellars  
Colgin Cellars  
Compadres Río Grille  
Cook Tavern and Pizzeria  
Corra Wines  
Crocker & Starr Winery  
CRP Wine Trade Solutions  
CSA Roofing  
The Culinary Institute of America, COPIA  
Dalla Terra  
Martha and Emery Dameron  
Pam and Terry Davis  
Natalie and Brett deLeuze  
Domaine Carneros  
Don Perico  
Downtown Joe’s Restaurant  
Duckhorn Winery Company  
El Molino Winery  
Ellman Family Vineyards  
Embassy Suites Napa Valley  
FAILLA Wines  
Favorite Bay Lodge  
Napa Valley Golf Academy  
Floral Expressions  
Bobo Foley Vineyards  
Fontanella Family Winery  
Four Seasons Hotel Austin  
Daniel Fox  
Frida’s Mexican Grill  
Frisinger Family Vineyard  
Frog’s Leap Winery  
Gabriel Glas North America, LLC  
Garaventa’s Florist & Gifts  
Genova Delicatessen  
Linda J. Gibson  
Gillwoods Cafe  
Golden Age Air Tours  
Grace’s Table  
Grand Ole Opry  
James C. Graziani  
Betty Gress  
Grigg Hills Estate  
Harlan Estate  
Pat and Todd Harter  
Freddie Hernandez  
Elizabeth Hewlett  
Hill Family Estate  
HunnuitcWines  

II Posto Traforri  
Inghenook Napa Valley  
Jarvis Conservatory  
Atelier Fine Foods & Catering  
Jet Suite X  
Joel Gott Wines  
John Anthony Vineyards  
Ken Johnson  
Jones Family Vineyards  
Judd’s Hill Winery  
Susan and Tor Kenward  
Kongsgaard Wine  
Korbim Kameron  
Kosta Browne Winery  
La Toque  
Lagrange Peak Vineyards  
Lagunitas Brewing Company  
Las Alcobas  
Latitude 38 Entertainment - Bottle Rock  
James Laube  
Lewis Cellars  
Lixit Animal Care Products  
Lucy’s Penny Production  
Luna Vineyards  
Lynne Hobaugh Interior Design  
Deborah Macdonald, Esquire  
Roderick Macdonald  
Evelyn Mackes  
Mad Fritz Brewing Company  
Mark Herold Wines  
Markham Vineyards  
Kathi Metro and Alan Chinberg  
Modus Operandi  
Robert Mondavi Winery  
Lydia & Rob Mondavi  
Isabel and Robert Mondavi  
Montagu Wines  
Montegu Wines and Silver Ghost  
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Morton & Basset Spices  
The Mustard Seed Clothing Co.  
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Napa Golf Course at Kennedy Park  
Napa Printing, Design Studio & Mail Center  
Napa River Velo  
Napa Sport  
Napa Valley Art Supplies  
Napa Valley Culinary Services  
Napa Valley Distillery  
Napa Valley Limousine Services  
Napa Valley Olive Oil  
Manufacturing Company  
The Napa Valley Reserve  
Napa Wine Company  
Nashville Wine Auction  
Holly Neal  
Elizabeth Y. Nickel  
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Jennifer Ogata  
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Kelly Pagendarm  
Anonymous  
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Pearl Wonderful Clothing  
Valerie and Robert P. Peebles  
Herta and Anthony Peju  
Peter Michael Winery  
PGA Tour  
Joseph Phelps Vineyards  
Pizzeria Tra Vigne  
The Q Restaurant and Bar Quintessa  
Red Hen Cantina  
Celine A. Regalia  
Suzanne Regalia  
Reverie II  
Toni Rigdon Makeup Artistry and Skincare  
Riverain Vineyards  
Rombauer Vineyards  
Rutherford Hill Winery  
Ruth’s Chris Steak House  
Sake Drinker  
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Saxum  
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Sequoia Grove Vineyards  
Shafer Vineyards  
SIGH  
Cameron Silva, Chateau de Noir  
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St. Supery Estate Vineyards & Winery  
Staglin Family Vineyard  
Ste. Michelle Wine Estates  
Mary Stephenson and Lawrence Papale, Esquire  
STK Las Vegas  
Stone Brewing  
Strength Meets Strength Foundation  
Tarla Mediterranean Grill  
Tesoros  
Thompson Nashville  
Thunder Valley Casino  
Trader Joe’s Napa  
Treasury Wine Estates  
Trinchero Family Estates  
Two Birds / One Stone  
UpTown Theatre Napa  
Elizabeth and Robert Van Dyk  
Van Winden’s Garden Center  
Velo Pizzeria  
Villa Corona  
Vineyard 29  
Wagner Family of Wine  
Lisa A. Marsey and Michael Weis  
Nate Weis  
White Rock Vineyards  
William Hill Estate  
Yak and Yeti Restaurant  
Yates Family Vineyard  
Patricia Zwetsloot  

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Lab Colleagues at Marina del Rey Hospital
*Deceased
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Marilyn and Paul Asmuth

Kit Kat
Ingeborg Penn

Logan
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Maisy
Kent W. Kantz

Sprinkles Mein
Cynthia Mein

Molly
Mary Lou and Thomas C. Gracy

Ozzy
Thomas Critchley

Penny Rose
Mary Lou and Thomas C. Gracy

Sebastian
Sadie Pollock

Shakira
Celine A. Regal and SuzAnne Regal

Kiki Stuart
Toni L. Stuart
Volunteers

“Being here” means two things to Joe Martinez.

“On one hand, it means acknowledging and meeting someone’s needs, whether physically, emotionally and/or spiritually,” Joe explains.

“But ‘being here’ also means being present in the moment—seeing the person for who and where they are right now. So when I am with a hospice patient, I don’t see someone who is dying. I might see someone who’s talking, resting, or maybe in pain, but I see someone who is alive. I focus on what it is they need to make their life better at this moment, even if it’s just to hold their hand, listen to them or pray with them.

“This is such a personal, significant and sacred time in a person’s life. Being able to provide some relief or comfort during it offers me a sense of peace,” Joe says.

“The days I volunteer, I can look back and say to myself, ‘Something good happened today.’”

“As a volunteer, I can pledge to you that I will be here for you and your family, not only physically, but mentally and spiritually. For whenever the need may arise. I am here for you.”
— Collabria Hospice spiritual care volunteer Joe Martinez

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