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**UPDATED 5.2.2020**

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COMPREHENSIVE SERVICES FOR OLDER ADULTS

Comprehensive Services for Older Adults (CSOA) provides services designed to ensure that the elderly, blind and people with disabilities maintain their highest potential level of independence and quality of life.


- **In-Home Supportive Services (IHSS):** 707-253-6272 or https://www.countyofnapa.org/187/In-Home-Supportive-Services is accepting referrals for services via telephone & e-mail only.

- **Adult Protective Services:** 707-253-4398 or (toll free) 888-619-6913 or https://www.countyofnapa.org/185/Adult-Protective-Services is responding to all reports of elder or dependent adult abuse.

- **IHSS Public Authority:** 707-259-8359 or https://www.countyofnapa.org/702/In-Home-Support- Services-Public-Authority provider orientations by appointment, and provider questions and concerns via telephone only and email @ IHSSPublicAuthority@countyofnapa.org.

- **Senior Information and Assistance:** 707-253-4248

- **Veterans Office:** 707-4558 or vets@napavets.com is providing limited assistance by phone or email only with the goal of responding to all calls and messages within 24 hours.

COVID-19

**TELEPHONE**

**Napa County Public Information & Support:** 707-253-4540
(Monday – Friday, from 9 a.m. to 12 p.m. and 1 p.m. to 5 p.m.)

**Library Reference & Support:** 707-253-4241
(Monday – Saturday, from 10 a.m. to 6 p.m. and Sunday 1 p.m. to 5 p.m.)

**California COVID-19 Hotline:** 1-833-544-2374
The state is providing a COVID-19 information line for seniors and individuals to get their questions and concerns answered as well as to get assistance during the crisis.

**EMAIL**

**General questions or information:** coronavirus@countyofnapa.org

**Report a shelter-at-home violation:** covid19compliance@countyofnapa.org
WEBSITES

**Napa County Local Assistance Center:** [www.readynapacounty.org](http://www.readynapacounty.org)  
(where to find food, financial and health assistance and information)

**Communities Organizations Active in Disaster:** [http://napavalleycoad.org/home/covid-19/](http://napavalleycoad.org/home/covid-19/)

**Coronavirus situational updates and other information:** [www.countyofnapa.org/Coronavirus](http://www.countyofnapa.org/Coronavirus)

**Coronavirus testing data for Napa County:** [www.countyofnapa.org/2776](http://www.countyofnapa.org/2776)

**California State Shelter-At-Home Order:** [https://covid19.ca.gov/stay-home-except-for-essential-needs/](https://covid19.ca.gov/stay-home-except-for-essential-needs/)  
(Includes FAQ’s)

**California Department of Public Health:**  
[https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx)


**FINANCIAL ASSISTANCE**

**Emergency Financial Assistance - Napa Valley Community Foundation**  
*Residents of Calistoga, St. Helena, and surrounding areas:* 707-965-5010 or e-mail: efa@upvalleyfamilycenters.org  
*Residents of Napa, Yountville, and American Canyon:* 707-363-8390 or e-mail: efa@onthemovebayarea.org

CARE and FERA are programs that help eligible customers pay their energy bills. Complete the online CARE/FERA enrollment form and we’ll let you know if you’re eligible.  
- **California Alternate Rates for Energy Program (CARE).** A monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs.  
- **Family Electric Rate Assistance Program (FERA).** A monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.

**Low Income Energy Assistance Program (LIHEAP):** 866-674-6237 or [https://www.benefits.gov/benefit/623](https://www.benefits.gov/benefit/623)  
The Low Income Home Energy Assistance Program (LIHEAP) assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.
California’s Low Cost Auto Insurance Program: 1-866-602-8861 or https://www.mylowcostauto.com/get-started/program-overview
If you have a valid driver’s license and drive a vehicle, the law requires that you have auto insurance. California’s Low Cost Auto (CLCA) Insurance program is a state-sponsored program that makes auto insurance affordable, helping you drive responsibly and legally.

California Employment Development Department: https://www.edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=IwAR3qi86aIrFWmg6vAAkdcLKNqRTXsaBDji31vHU03LyzPnbNGV3y1c09
The EDD provides a variety of support services to people who have lost their jobs, had their hours reduced, or had their businesses affected due to the impacts of COVID-19 in California.


FOOD RESOURCES

Feeding It Forward: 707-200-3691 or https://fifnv.org/. Feeding It Forward works to reduce waste and alleviate hunger in Napa County through collaborative efforts. We rescue excess fresh food from donors and deliver it to organizations fighting hunger in our community.

Community Action of Napa Valley: 707-253-6100 or http://canv.org/. Every day Community Action supplies healthy, life-sustaining food to local people to eliminate hunger and support healthy living. Community Action food and nutrition programs include the Food Bank, Meals on Wheels and Congregate Meals.

FOOD BANK

Food Bank: 707-253-6128 or http://canv.org/food-nutrition/food-bank/
Allows low-income residents of Napa County to receive an allotment of food from one of 7 locations every 30 days. Allotments are based on household size but will consist of meat, dairy, produce and dry and canned food items. Pantries are located in the City of Napa, Calistoga, St. Helena, Lake Berryessa, Pope Valley, Angwin, and American Canyon.
MEALS ON WHEELS

Meals on Wheels 707-253-6100 or http://canv.org/food-nutrition/meals-on-wheels-for-seniors/
A program of Community Action Napa Valley, MoW delivers 2-3 meals a day, 3 times a week, to home-bound seniors. Must be aged 60+ to be eligible.

Effective Monday, March 16, 2020 meals will be delivered three times a week:
• Mondays – 2 meals will be delivered
• Wednesdays – 2 meals will be delivered
• Fridays – 3 meals will be delivered

For Congregate Meals Only: meals are also being delivered to congregate clients, same schedule as above. Or, congregate clients may pick up their meals on Mondays, Wednesdays and Fridays between 11:30am and 12noon at the Napa Senior Center.

FREE FOOD MARKETS

Free Food Markets: Open to everyone, first come first serve, bring a reusable bag

1st Friday 2-4pm  Hope Christian Center  721 Trancas St., Napa
1st Friday 2-4pm  Holy Family Catholic Church  101 Anonina Ave, American Canyon
2nd Friday 2-4pm  Napa County Health & Human Services  2751 Napa Valley Corporate Way, Napa
3rd Friday 2-4pm  Ole Health  1141 Pear Tree Lane, Napa
4th Friday 2-4pm  Napa Spanish Church  1011 Pueblo Ave., Napa
5th Friday 2-4pm  Covenant Presbyterian Church  1226 Salvador Ave, Napa
3rd Tuesday 4-6pm  Our Lady of Perpetual Help Church  901 Washington St., Calistoga
1st & 3rd Wed 2-3pm  St. Helena Seventh Day Adventist Church  1777 Main St., St. Helena

FARMERS MARKET

Napa Farmers Market: 707-501-3087 or napafarmersmarket.org
Temporarily located at: Oxbow & CIA at Copia parking lot.
Market Hours: Tuesdays & Saturdays 9:00am – 12noon.
Seniors 65+ only: 8:00am – 9:00am

Calistoga Farmers Market
1311 Washington St., (Between Police Station and Sharpsteen museum.)
Market Hours: Saturdays 8:00am – 12noon
No special senior hours.

CALFRESH

CalFresh: 707-253-4511 or https://www.cdss.ca.gov/food-nutrition/calfresh
CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

Check www.countyofnapa.org/csoa for updated guide
HEALTH

NAPA COUNTY HEALTH AND HUMAN SERVICES

Alcohol & Drug Services Division  707-253-4063 or https://www.countyofnapa.org/160/Alcohol-Drug-Services

- Alcohol and Drug Access: Our Access phone line is operating as usual. We are providing intake assessments by phone and accepting new clients into treatment services. Intake staff are available Monday-Friday from 8AM to 5PM.

Self Sufficiency Services Division  707-253-4511 or https://www.countyofnapa.org/361/Self-Sufficiency-Services

- Emergency Public Assistance Applications (phone interviews same day)
  - CalFresh Expedited
  - CalWORKs Immediate Need and Temporary Homeless Assistance
  - Medi-Cal emergencies
  - Other cash programs such as GA and CAPI
- Public Assistance Applications (phone interviews)
  - CalFresh
  - CalWORKs
  - Medi-Cal intake
  - CMSP
- Benefit Card Issuance (emergencies – pick up by appointment)
  - EBT card issuance for CalWORKs and CalFresh recipients
  - BIC card issuance for Medi-Cal emergencies

Public Health  707-253-4270 or https://www.countyofnapa.org/243/Public-Health

- Vital Statistics: Open. Birth certificate requests by mail only. Only death certificates will be issued to funeral homes during this time by appointment. Call: 707-253-4506.

Mental Health  707-253-4306

- Mental Health Access: Our Access phone line is operating as usual. We are providing mental health assessments via the phone. Mental Health Clinicians are available Monday-Friday 8-5 to provide brief mental health counseling.
- Crisis Services: The Crisis Stabilization Unit is open 24 hours a day.
- Medication Clinic: Adult medication clinic is open and seeing clients face to face by APPOINTMENT ONLY.
- Adult Therapy Services: We are suspending group therapy until further notice. Therapists are providing current clients with individual counseling services over the phone.
- Adult Case Management Services: Therapists are providing current clients with counseling and case management services over the phone.
- Adult and Older Adult Full Service Partnership Services: Therapists are providing current clients with counseling and case management services over the phone.
- **CONREP Services**: Therapists are providing current clients with counseling and case management services over the phone and face to face by appointment only. Group counseling for CONREP client is provided over the phone.
- **Mental Health Court**: We are providing current clients with individual counseling over the phone.
- **System Navigators**: Mental Health Workers are available for community resources over the phone.

## MEDICARE

### Extra Help Program

**Income and Asset Limits 2020**

<table>
<thead>
<tr>
<th>Income limit</th>
<th>Asset limit</th>
<th>Program</th>
<th>Copayments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below $1,815 ($2,175 for couples) per month in 2020&lt;sup&gt;1&lt;/sup&gt;</td>
<td>Below $1,815 ($2,175 for couples) per month in 2020&lt;sup&gt;2&lt;/sup&gt;</td>
<td>Partial Extra Help</td>
<td>15% coinsurance on the plan copay, whichever is less</td>
</tr>
<tr>
<td>And your income and/or assets are above Full Extra Help limits</td>
<td>And your income and/or assets are above Full Extra Help limits</td>
<td>Premium depends on your income</td>
<td>After $6,350 in out-of-pocket drug costs, you pay $3.60/generic and $3.95/brand-name or 5% of the drug cost, whichever is greater</td>
</tr>
<tr>
<td>Up to $1,456 ($1,960 for couples) per month in 2020&lt;sup&gt;3&lt;/sup&gt;</td>
<td>Up to $9,360 ($14,800 for couples) in 2020&lt;sup&gt;4&lt;/sup&gt;</td>
<td>Full Extra Help</td>
<td>$3.60 generic copay</td>
</tr>
<tr>
<td>$0 premium and deductible&lt;sup&gt;5&lt;/sup&gt;</td>
<td>$0 premium and deductible&lt;sup&gt;6&lt;/sup&gt;</td>
<td>$8.95 brand-name copay</td>
<td>No copay after $6,350 in out-of-pocket drug costs</td>
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</tbody>
</table>

### If you have Medicare and Medicaid and/or a Medicare Savings Program

<table>
<thead>
<tr>
<th>Enrolled in</th>
<th>Income limit</th>
<th>Program</th>
<th>Copayments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid and/or a Medicare Savings Program</td>
<td>Above $1,083 ($1,457 for couples) per month in 2020&lt;sup&gt;7&lt;/sup&gt;</td>
<td>Full Extra Help</td>
<td>$3.60 generic copay</td>
</tr>
<tr>
<td>$0 premium and deductible&lt;sup&gt;8&lt;/sup&gt;</td>
<td>$8.95 brand-name copay</td>
<td>No copay after $6,350 in out-of-pocket drug costs</td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>Up to $1,083 ($1,457 for couples) per month in 2020&lt;sup&gt;7&lt;/sup&gt;</td>
<td>Full Extra Help</td>
<td>$1.30 generic copay</td>
</tr>
<tr>
<td>$0 premium and deductible&lt;sup&gt;8&lt;/sup&gt;</td>
<td>$3.90 brand-name copay</td>
<td>No copay after $6,350 in out-of-pocket drug costs</td>
<td></td>
</tr>
</tbody>
</table>

Note: Income and asset limits on this chart are rounded to the nearest whole dollar. There's also a $20 income disregard (factored into the income limits above) that the Social Security Administration automatically subtracts from your monthly unearned income.<br><br>1Income limits are based on the Federal Poverty Level (FPL), which changes every year in February or March. Limits are higher for each additional relative living with you for whom you are responsible.<br><br>2Asset limits include $1,500 per person for burial expenses.<br><br>3You pay no premium if you have Full Extra Help and a basic Part D drug plan with a premium at or below the Extra Help premium limit for your area.

© 2020 Medicare Rights Center  Helpline: 800-333-4114  www.medicareinteractive.org

## HOUSING

Staff from the Housing Authority of the City of Napa, the Napa County Housing and Homeless Services Division are working together with Abode Housing to identify housing-related funds that can be redirected to assist with the COVID-19 response to renters in all of Napa County. We encourage those in need of rental assistance to email seasonofsharing@countyofnapa.org or call 707-299-1890 to get on the list for follow-up related to rental assistance programs from government sources. We are experiencing a high demand for services and will strive to return calls as soon as possible.
**LEGAL**

**Bay Area Legal Aid:** 707-259-0579 or [https://baylegal.org/get-help/find-an-office/napa-county/](https://baylegal.org/get-help/find-an-office/napa-county/)

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.

**Legal Advice Line:** 800-551-5554 or Health Consumer Center 855-693-7285

Due to Covid-19 the office is closed. You can reach Bay Area Legal by telephone and their website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

**PHONES & INTERNET**

**California Phones:** from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission.

**Call:** 1-800-806-1191 or [https://californiaphones.org/](https://californiaphones.org/)

**Lifeline:** Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get up to $9.25 toward their bill. You can only use Lifeline for either phone or internet, but not both.

**Call:** 800-234-9473 or [https://www.lifelinesupport.org/](https://www.lifelinesupport.org/)

**AT&T Access:** Access from AT&T provides wireline Home Internet to limited income households who participate in the Supplemental Nutrition Assistance Program or receive Supplemental Security Income benefits in California.

**Call:** 855-220-5211 or [https://www.att.com/shop/internet/access/#!](https://www.att.com/shop/internet/access/#!)

In response to the public health crisis, Access from AT&T is temporarily:

- Offering **two months of free service** to new customers who order Access by April 30, 2020. $5/mo or $10/mo thereafter, depending on your speed.
- Expanding **eligibility** based on income and to households participating in National School Lunch Program/Head Start
- Waiving all home internet **data overage fees**
MENTAL HEALTH

MENTAL HEALTH CRISIS HOTLINES

National Suicide Hotline: 1-800-273-8255

24 Hour Mental Health Crisis Hotline: 888-619-6913

Crisis Text Line: text “GO” to 741741

Trevor Project Hotline: 1-866-488-7386 or text: 678678

Crisis Stabilization Services/Exodus: 707-253-4711
For anyone age 5+ in immediate crisis, needing evaluation and crisis intervention HHSA South Campus, 2751 Napa Valley Corporate Way, Bldg. B

MENTAL HEALTH SUPPORT LINES

Napa County Mental Health Access: 707-259-8151 or 800-648-8650
Offers mental health assessments and referrals as well as warm line support (Monday – Friday, 8 a.m. – 5 p.m.) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19.

Support Monday through Friday, 9am – 5pm for older adults (60+) experiencing heightened anxiety and worry due to COVID-19.

Aldea Bilingual Family Wellness Support Line: 707-543-1152
8am – 8pm, 7 days/week. Help for parents and guardians who are dealing with their children’s anxiety and worry due to COVID-19.

National Distress Helpline (SAMHSA): 1-800-985-9990 (English and Español) or text “TalkWithUs” to 66746, Spanish-speakers should text “Hablanos” to 66746.
The Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.
# SENIOR SHOPPING

**SPECIAL GROCERY AND PHARMACY STORE HOURS FOR SENIORS**

(Updated: 5.2.2020)

## AMERICAN CANYON – Grocery

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<th>GROCERY STORE</th>
<th>SENIOR SHOPPING HOURS</th>
<th>NOTES</th>
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</thead>
<tbody>
<tr>
<td>Walmart Super Center</td>
<td>Tuesdays 6:00 - 7:00 a.m.</td>
<td>Store Hours: Monday – Sunday 7am – 8:30pm</td>
</tr>
<tr>
<td>7011 Main St</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(707) 557-4393</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walgreens</td>
<td>Tuesdays 8:00 - 9:00 a.m.</td>
<td>Store Hours: Mon. - Friday: 8:00 a.m. - 9:00 p.m.</td>
</tr>
<tr>
<td>210 American Canyon Rd</td>
<td></td>
<td>Saturday - Sunday: 9:00 a.m. - 9:00 p.m.</td>
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<tr>
<td>(707) 557-0103</td>
<td></td>
<td>Pharmacy: Monday - Friday: 8:00 a.m. - 9:00 p.m.</td>
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<td></td>
<td>Sat.: 9:00 a.m. - 6:00 p.m.</td>
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<td></td>
<td>Sunday: 10:00 a.m. - 6:00 p.m.</td>
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<tr>
<td>Safeway</td>
<td>Sundays, Tuesdays and Thursdays 6:00 –</td>
<td>Curbside pick up and delivery available.</td>
</tr>
<tr>
<td>103 American Canyon Rd</td>
<td>9:00 a.m.</td>
<td>Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.</td>
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<tr>
<td>(707) 649-5150</td>
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## NAPA – Grocery

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<thead>
<tr>
<th>GROCERY STORE</th>
<th>SENIOR SHOPPING HOURS</th>
<th>NOTES</th>
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</thead>
<tbody>
<tr>
<td>Walmart</td>
<td>Tuesdays 6:00 - 7:00 a.m.</td>
<td>Can order groceries on line and pick-up.</td>
</tr>
<tr>
<td>681 Lincoln Ave.</td>
<td></td>
<td>Store Hours: Monday – Sunday 7am – 8:30pm</td>
</tr>
<tr>
<td>(707) 224-8797</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Whole Foods</td>
<td>Daily 8:00 – 9:00 a.m.</td>
<td>Store Hours: Monday – Sunday, 9 a.m. – 8:00 p.m.</td>
</tr>
<tr>
<td>3682 Bel Aire Plz</td>
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<tr>
<td>(707) 224-6300</td>
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<tr>
<td>Target (North)</td>
<td>Tuesdays &amp; Wednesdays 8:00 - 9:00 a.m.</td>
<td>Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population.</td>
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<tr>
<td>4000 Bel Aire Plz</td>
<td></td>
<td>Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.</td>
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<tr>
<td>(707) 225-3016</td>
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<tr>
<td>Target (South)</td>
<td>Wednesdays 8:00 - 9:00 a.m.</td>
<td>Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population.</td>
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<tr>
<td>205 Soscol Ave</td>
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<td>Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.</td>
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<tr>
<td>(707) 224-1058</td>
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<tr>
<td>Safeway</td>
<td>Sundays, Tuesdays &amp; Thursdays 6:00 –</td>
<td>Curbside pick up and delivery available.</td>
</tr>
<tr>
<td>3375 Jefferson St</td>
<td>9:00 a.m.</td>
<td>Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.</td>
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<tr>
<td>(707) 225-3037</td>
<td></td>
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<tr>
<td>Lucky</td>
<td>Tuesdays &amp; Thursdays 7:00 - 9:00 a.m.</td>
<td>Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.</td>
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<tr>
<td>2355 California Blvd</td>
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<tr>
<td>(707) 256-3407</td>
<td></td>
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<tr>
<td>Lucky</td>
<td>Tuesdays &amp; Thursdays 7:00 - 9:00 a.m.</td>
<td>Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.</td>
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<tr>
<td>1312 Trancas St.</td>
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<tr>
<td>(707) 255-7767</td>
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<tr>
<td>Store Name</td>
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<td>Phone Number</td>
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<tr>
<td>Nob Hill Foods</td>
<td>611 Trancas St</td>
<td>(707) 224-8583</td>
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<tr>
<td>Raley’s</td>
<td>217 Soscol Ave</td>
<td>(707) 224-7897</td>
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<tr>
<td>Grocery Outlet</td>
<td>1491 W Imola Ave</td>
<td>(707) 294-2054</td>
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<tr>
<td>Trader Joe’s</td>
<td>3654 Bel Aire Plz</td>
<td>(707) 256-0806</td>
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<tr>
<td>Brown’s Valley Market</td>
<td>3263 Browns Valley Rd</td>
<td>(707) 253-1873</td>
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<tr>
<td>Ranch Market</td>
<td>4215 Solano Ave.</td>
<td>(707) 257-2437</td>
</tr>
<tr>
<td></td>
<td></td>
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</tr>
<tr>
<td></td>
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</tr>
</tbody>
</table>

**UPVALLEY Grocery** (Yountville, Oakville, St. Helena, Angwin, Pope Valley, and Calistoga)

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Senior Hours</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oakville Grocery</td>
<td>7856 St. Helena Hwy</td>
<td>(707) 944-8802</td>
<td>No answer</td>
<td>Curbside delivery available.</td>
</tr>
<tr>
<td></td>
<td>Oakville</td>
<td></td>
<td>when calling.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Store Hours: Mon. - Saturday: 8:00 a.m. to 4:00 p.m. Sunday: Closed</td>
</tr>
<tr>
<td>Ranch Market Too</td>
<td>6498 Washington St.</td>
<td>(707) 944-2662</td>
<td>No senior</td>
<td>No services for seniors.</td>
</tr>
<tr>
<td></td>
<td>Yountville</td>
<td></td>
<td>hours</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Store Hours: Monday - Sunday: 6:00 a.m. to 8:00 p.m.</td>
</tr>
<tr>
<td>Sunshine Foods</td>
<td>1115 Main St.</td>
<td>(707) 963-7070</td>
<td>See notes.</td>
<td>Deliveries Monday – Friday via volunteers. Shopping limited to 20 shoppers. Call-in orders available Mon - Thurs. Allow 24+ hours before delivery or curbside pick-up. E-mail orders to: <a href="mailto:sunshinefoodsmarket@gmail.com">sunshinefoodsmarket@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>St. Helena</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Store Hours: 7:30 a.m. - 7:00 p.m.</td>
</tr>
<tr>
<td>Safeway</td>
<td>1026 Hunt Ave.</td>
<td>(707) 968-3620</td>
<td>Sundays,</td>
<td>Curbside pick up and delivery available.</td>
</tr>
<tr>
<td></td>
<td>St. Helena</td>
<td></td>
<td>Tuesdays &amp;</td>
<td>Store Hours: 7:00 a.m. – 9:00 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Thursdays</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>7:00 - 9:00 a.m.</td>
<td></td>
</tr>
<tr>
<td>Pope Valley Market</td>
<td>5850 Chiles Pope Valley Rd</td>
<td>(707) 965-9922</td>
<td>No senior</td>
<td>No deliveries. No curbside pick up. Primarily a snack store.</td>
</tr>
<tr>
<td></td>
<td>Pope Valley</td>
<td></td>
<td>hours</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Store Hours: Monday – Friday: 10:00 a.m. - 7:00 p.m. Saturday: 10:00 a.m. – 6 p.m. Sunday: 10 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>PHARMACY</td>
<td>SENIOR SHOPPING HOURS</td>
<td>NOTES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>--------------------------------</td>
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<td>----------------------------------------------------------------------</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **Howell Mountain Market**     | Sundays, Tuesdays & Thursdays | 8:00 - 9:00 a.m.  
No deliveries. No curbside pick up.  
**Store Hours:**  
Monday – Thursday: 7:00 a.m. - 7:30 p.m.  
Friday: 7:00 a.m. – 5:00 p.m.  
Sunday: 7:00 a.m. – 7:30 p.m. |
| **CalMart**                    | Mondays, Wednesdays & Fridays | 8:00 - 9:00 a.m.  
Deliveries & Curbside Pick-ups: (65+) and those with medical conditions with phone in orders. Orders taken: Mon., Wed., and Fri., 8:00 a.m. and 11a.m.. Pick-ups at the loading dock, behind CalMart. Home delivery can be arranged for those with medical conditions unable to leave their homes. Prearranged deliveries will occur between 3 - 4 p.m.  
To Order: Call 942-6474 and ask for Karen or Barbara, if not available leave a voicemail on ext., 125 or e-mail kmaxfield@calmartnv.com.  
**Store Hours:**  
Mon, Wed, Friday: 9 a.m. – 8 p.m.  
Tues, Thurs, Sat, Sun: 8 a.m. – 8 p.m. |
| **Walmart Supercenter**        | Tuesdays               | 6:00 - 7:00 a.m.  
Delivery by mail or curbside pick-up - prescriptions only.  
Call Pharmacy number to arrange – 557-4195  
**Pharmacy hours:** Mon, Wed, Thurs, Fri: 7 a.m. – 7 p.m.  
Tuesday: 6 a.m., - 7 p.m.  
Sunday: 10 a.m. – 6 p.m.  
Saturday and Sunday closed for break: 1:15 – 2:15 p.m. |
| **Safeway Pharmacy**           | Tuesdays, Thursdays & Sundays | 7:00 – 9:00 a.m.  
**Pharmacy hours:** Monday, Wednesday, Friday: 9 a.m. – 8 p.m.  
Tuesday, Thursday: 7 a.m. – 7 p.m.  
Saturday: 9 a.m. – 5 p.m.  
Sunday: 7 a.m. – 3 p.m. |
| **CVS**                        | Wednesdays             | 9:00 – 10:00 a.m.  
Prescription delivery (FREE during pandemic). Must Sign-up online with credit card. Prescriptions sent through US Mail. Drive-thru pharmacy.  
**Pharmacy hours:** Monday – Friday: 9 a.m. – 8 p.m.  
Saturday: 10 a.m. – 6:00 p.m. |
| **CVS**                        | Wednesdays             | 9:00 – 10:00 a.m.  
Prescription delivery (free during pandemic). Must sign-up online with credit card. Prescriptions sent through US Mail. No drive-thru pharmacy.  
**Pharmacy hours:** Monday – Friday: 9 a.m. – 9 p.m.  
Saturday: 9 a.m. – 8 p.m. |
<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Address</th>
<th>Days and Times</th>
<th>Notes/Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walgreens</td>
<td>1685 Trancas St., Napa</td>
<td>Tuesdays 8:00 – 9:00 a.m.</td>
<td>No deliveries.</td>
</tr>
<tr>
<td></td>
<td>(707) 257-1154</td>
<td></td>
<td><strong>Pharmacy hours:</strong> Monday – Friday: 8 a.m. – 9 p.m., Saturday: 9 a.m. – 1:30 p.m., 2 – 6 p.m., Sunday: 10:00 a.m. – 1:30 p.m., 2 – 6 p.m.</td>
</tr>
<tr>
<td>Walmart Pharmacy</td>
<td>681 Lincoln Ave., Napa</td>
<td>Tuesdays 6:00 – 7:00 a.m.</td>
<td>No drive-thru.</td>
</tr>
<tr>
<td></td>
<td>(707) 224-7120</td>
<td></td>
<td><strong>Pharmacy hours:</strong> Mon, Wed, Thurs, Fri: 9 a.m. – 7 p.m., Tuesday: 6 a.m. – 7 p.m., Saturday: 9 a.m. – 6 p.m., Sunday: 10 a.m. – 6 p.m.</td>
</tr>
<tr>
<td>Safeway Pharmacy</td>
<td>3375 Jefferson St., Napa</td>
<td>Tuesdays, Thursdays &amp; Sundays 7:00 – 9:00 a.m.</td>
<td><strong>Pharmacy hours:</strong> Monday, Wednesday, Friday: 9 a.m. – 8 p.m., Tuesday, Thursday: 7 a.m. – 7 p.m., Saturday: 9 a.m. – 5 p.m., Sunday: 7 a.m. – 3 p.m.</td>
</tr>
<tr>
<td>Lucky Pharmacy</td>
<td>1312 Trancas St., Napa</td>
<td>Tuesdays &amp; Thursdays 7:00 – 9:00 a.m.</td>
<td><strong>Pharmacy hours:</strong> Monday – Friday: 9 a.m. – 7 p.m., Saturday: 9 a.m. – 5 p.m., Sunday: 10 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>Lucky Pharmacy</td>
<td>2355 California Blvd., Napa</td>
<td>Tuesdays &amp; Thursdays 7:00 – 9:00 a.m.</td>
<td><strong>Pharmacy hours:</strong> Monday – Friday: 9 a.m. – 7 p.m., Saturday: 9 a.m. – 5 p.m., Sunday: 10 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>Rite Aide</td>
<td>1203 W Imola Ave., Napa</td>
<td>Mondays &amp; Fridays 9:00 – 10:00 a.m.</td>
<td>No deliveries. Drive-thru pharmacy - prescriptions only. <strong>Store Hours:</strong> Monday – Thursday: 9 a.m. – 9 p.m., Saturday: 9 a.m. – 6 p.m., Sunday: 10 a.m. – 6 p.m.</td>
</tr>
<tr>
<td>Pharmaca</td>
<td>4020 Bel Aire Plz., Napa</td>
<td>No senior hours.</td>
<td><strong>Delivery available.</strong> Call ahead. Curbside pickup available. <strong>Store Hours:</strong> Monday – Friday: 9 a.m. – 7 p.m.</td>
</tr>
<tr>
<td>Deer Park Pharmacy</td>
<td>6 Woodland Rd., St. Helena</td>
<td>No senior hours.</td>
<td><strong>Deliveries to care homes only.</strong> Curbside pick-up available. Located on the campus of Adventist Health St. Helena hospital. <strong>Store Hours:</strong> Monday – Friday: 9 a.m. – 5 p.m., Saturday, Sunday: Closed</td>
</tr>
<tr>
<td>Smith’s Pharmacy</td>
<td>1390 Railroad Ave., St. Helena</td>
<td>No senior hours.</td>
<td><strong>Delivers Mon, Wed &amp; Fri (no charge). Curbside delivery available.</strong> Will also deliver other over the counter items if there is a prescription included. <strong>Store Hours:</strong> Monday – Friday: 9 a.m. – 6 p.m., Saturday: 9 a.m. – 5 p.m., Sunday: Closed</td>
</tr>
</tbody>
</table>

Check [www.countyofnapa.org/csOA](http://www.countyofnapa.org/csOA) for updated guide
**Vasconi’s Pharmacy**
1381 Main St., St. Helena
(707) 963-1444
No senior hours.
**Delivers Monday thru Friday (no charge).**
Will also deliver other over-the-counter items. Curbside pick-up also available.
**Pharmacy hours:**
Monday – Friday: 9 a.m. – 6 p.m.
Saturday: 10 a.m. – 2 p.m.
Sunday: Closed

**Silverado Pharmacy**
1473 Lincoln Ave.
Calistoga
707-942-5115
**Delivers Monday thru Friday (no charge).**
Will deliver prescriptions.
**Pharmacy hours:**
Monday – Friday: 9:30 a.m. – 6 p.m.
Saturday and Sunday: Closed

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## SENIOR CENTERS

**Rianda House:** 707-963-8555 or [https://www.riandahouse.org/](https://www.riandahouse.org/)
1475 Main St. St. Helena, CA 94574
Monday – Friday 9:00am-4:00pm

**Senior Activity Center:** 707-255-1800 or [https://www.cityofnapa.org/386/Fun-Over-50](https://www.cityofnapa.org/386/Fun-Over-50)
1500 Jefferson St., Napa, CA 94559
Monday – Friday 8:00am-7:00pm, Sat & Sun 9:00am-1:00pm

**American Canyon Senior Multi-Use Center:** 707-647-5350
2185 Elliot Dr., American Canyon, CA 94503

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## TELEPHONE REASSURANCE

**Institute on Aging’s Friendship Line:** 800-971-0016 or [https://www.ioaging.org/services/all-inclusive-health-care/friendship-line](https://www.ioaging.org/services/all-inclusive-health-care/friendship-line)
This is both a crisis intervention hotline and a warm line for non-emergency emotional support.

**Molly’s Angels’ Telephone Reassurance Line:** 707-224-8971 or [http://www.mollysangels.com/](http://www.mollysangels.com/)
Weekly check-in calls to older adults (60+) living alone in Napa County offering a safety check, and friendly conversation, helping to alleviate loneliness and depression.

**Covia’s Well Connected Program:** 877-797-7299 or [coviaconnections@covia.org](mailto:coviaconnections@covia.org)
Offers activities, education, support groups, and friendly conversation over the phone or online.
Napa Valley Transportation Authority: 707-251-2800 or https://vinetransit.com/
625 Burnell St., Napa, CA 94559

In response to the reduced ridership demand on the Vine Fixed Route System in the City of Napa, Routes A through H will transition from fixed route to "stop to stop on demand". Riders will be able to hail a ride to their stop using the "NVTA Ride the Vine" app, or by calling NVTA’s dispatch line at 707-251-1097. The service changes begin on April 27.

Other service changes currently in effect:
- Regional Service on the 10 and 11 on Monday-Saturday hours have been reduced to typical Saturday Service. Routes 10/11 Sunday service is on the normal Sunday Schedule.
- Fares are waived on all services. Rear door boarding is mandatory on vehicles with more than one door.
- Service on the 10X and 11X have been temporarily suspended.
- The Routes 21 and 29 commuter service are operating on normal weekday schedule.

VineGo ADA Paratransit Services: 707-253-4649
Services remain unchanged but eligibility is being done via telephone.

Molly’s Angels: 707-224-8971
Volunteer medical transportation (Seniors 60+) to doctor, clinic and hospital appointments.

St. Helena Shuttle: 707-963-3007
Hours: Monday - Saturday 9 a.m. – 7 p.m., Sunday CLOSED. $1 per ride in town.

Calistoga Shuttle: 707-963-4229
Hours: Monday - Saturday 7:00 a.m. - 7:00 p.m. Sunday: 11:00 a.m. - 7:00 p.m.
$1 per ride in town.
VARIOUS AGENCY FLYERS

Click a flyer image to view a full size version of the flyer.
If you have lost your job or suffered a decrease in your income because of the Novel Coronavirus, you may be eligible for Emergency Financial Assistance.

To be eligible for Emergency Financial Assistance, you must:

- Live in Napa County.
- Meet certain income guidelines based on the number of people in your household.
- Not have access to government-sponsored unemployment benefits like EDD or paid family leave benefits.

To sign up for an appointment and learn more, please call or email:

- For residents of Calistoga, St. Helena and surrounding areas – please call (707) 955-5010 or email efaf@napavalleyfamilycenters.org. Office hours are 9 am to 5 pm Monday through Friday.
- For residents of Napa, Yountville and American Canyon – please call (707) 363-8390 or email efaf@napavalleyfamilycenters.org. Office hours are 9 am to 5 pm Monday through Friday.

To be eligible for Emergency Financial Assistance, your annual household income must be at or below the figures that follow, based on the number of people in your household:

<table>
<thead>
<tr>
<th>Number of People in Your Household</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$36,435</td>
<td>$46,400</td>
<td>$50,300</td>
<td>$54,250</td>
<td>$58,200</td>
<td>$62,150</td>
<td>$66,100</td>
<td>$70,050</td>
</tr>
</tbody>
</table>

Please note: Napa Valley Community Foundation provides funding to other nonprofit organizations to administer the EFA program. Please use the phone numbers and email addresses above to sign up for an appointment, as our offices are closed because of the COVID-19 pandemic.
CONTINUED SERVICES

Due to the COVID-19, to protect the health of all clients, visitors and staff we have closed our physical offices. Our attorneys and other staff continue to work to advocate for your rights. You can reach us by telephone, and our website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

For assistance please call:
Legal Advice Line: (800) 551-5554
Health Consumer Center: (855) 693-7285
WWW.BAYLEGAL.ORG = resources and services

EDD Information from the Webinar

Guide to Applying for Unemployment Benefits in California:
http://unemployment.edd.ca.gov/guide

How to set up a new Benefit Program (Online Login):
http://esecal.par.pw.ow/retrievepar

EDD Coronavirus Information Page:
https://oes.ca.gov/about_eed/Corona2019.htm

Pandemic Unemployment Assistance (PUA) page:
https://caoes.ca.gov/about_eed/Corona2019/pandemic-unemployment-assistance.htm

Unemployment Insurance (UI)

Get info on how to file a new claim or reopen an existing claim.
- File your initial claim online. For general assistance questions, call EDD’s Self-Service 1-866-334-4606.
- Get help with filing a UI claim.
- Get payment information.

Get help with filing a UI claim. Open 8 a.m. to 12 p.m. (PT), Monday through Friday, except state holidays.

General or Technical Support
1-833-978-2511

Claims Support
1-900-306-5616

Workforce Service Branch (WSB) Officers
Marin & SFG
707-561-2000
www.marinsf.wsb.ca.gov

Lodi: 707-226-0434
www.lodi.wsb.ca.gov

For assistance please call:
Legal Advice Line: (800) 551-5554
Health Consumer Center: (855) 693-7285
WWW.BAYLEGAL.ORG = resources and services