



# NAPA COUNTY AGING & DISABILITY RESOURCE GUIDE

This guide has been developed in collaboration with the Healthy Aging Population Initiative (HAPI) and Senior Information & Assistance (N/S Area Agency on Aging/Collabria Care). The purpose of the guide is to help adults, as well as persons with disabilities and their caregivers, find local resources. Although this is not a comprehensive list of resources, we have included the most frequently requested resources, and where we have not included a specific resource, we have tried to include a source organization. Every effort has been made to ensure the accuracy of the information contained in this guide; however, we can not guarantee there are no errors. Inclusion in this guide does not constitute an endorsement.

**For additional help, please call:**

Information and Assistance

**7 0 7 - 2 5 3 - 4 2 4 8**



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## ABUSE & NEGLECT

**Napa County District Attorney's Office: Elder & Dependent Adult Abuse..... (707) 299-1414**

<https://www.countyofnapa.org/1178/Elder-Dependent-Adult-Abuse>

Provides information for victims and families coping with the effects of criminal abuse, neglect and exploitation.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults (CSOA): Adult Protective Services.. (707) 253-4398**

<https://www.countyofnapa.org/185/Adult-Protective-Services>

Provides voluntary services to ensure the safety and well-being of seniors (65+) and dependent adults (18-64 years) who are in danger of being mistreated or neglected, are unable to take care of themselves or protect themselves from harm, and have no one to assist them.

**Napa County Health and Human Services Agency: CSOA: Public Administrator/Public Guardian/Public Conservator ..... (707) 253-4049**

<http://www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults>

Provides mandated conservatorship services to older and dependent adults who are no longer able to act in their own best interest, resist undue influence, or are gravely disabled as a result of a psychiatric or cognitive disorder. The Public Administrator is responsible for administering the estate of a county resident who dies without a will or family in California.

**NEWS: Domestic Violence & Sexual Abuse Services..... (707) 255-6397**

<https://www.napanews.org/>

Provides 24-hour Emergency Response with law enforcement, 24-hour Help Line, emergency confidential shelter, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

**State of California Community Care Licensing (CCL): Adult & Senior Care Regional Office ..... (707) 588-5026**

<https://www.ccl.dss.ca.gov/carefacilitysearch/>

Licensing agency for Adult Residential and Day Care, Elderly Assisted Living & Home Care Organizations. Search here to find a facility or file a complaint.

## ADULT DAY PROGRAMS

**Collabria Care: Adult Day Services..... (707) 258-9087**

<http://collabriacare.org/collabria-day-program/>

Provides state-of-the-art nursing care, rehabilitative therapies, social service support, social engagement and stimulation for adults suffering from chronic illness and/or dementia.

**Napa Valley Support Services: Brown Street Gallery**..... (707) 255-8523

<http://brownstreetgallery.com/>

Brown Street is a small, art-focused day program providing services for 30 individuals with developmental disabilities.

**Vine Village: Vine Village Arts**..... (707) 255-4006

<https://vinevillage.org/day-program-for-arts-%26-ag>

Offers people with developmental disabilities a wide range of activities, including studio arts, multi-media and computer skills, continuing academic education, gardening, animal care, horses, nature study, field trips, social events, music, drama and more.

## ADVOCACY & ADVISORY

**AARP California**.....(866) 448-3614

<https://www.aarp.org/states/>

Membership group advocating for seniors.

**ADA.gov** .....(800) 514-0301

<https://www.ada.gov/index.html>

Information about the American with Disabilities Act.

**Advisory Council on Aging** .....(707) 784-8960

<https://www.aaans.org/>

Advocate for local senior issues.

**American Heart Association**..... (800) 242-8721

<http://www.heart.org>

Heart Disease information.

**American Parkinson's Disease Association** ..... (800) 223-2732

<http://www.apdaparkinson.org>

Parkinson's Disease information.

- Better Business Bureau (BBB)** ..... (866) 422-2221  
<http://www.bbb.org/>  
 Consumer information hotline.
- California Council of the Blind (CCB)**..... (800) 221-6359  
<http://www.ccbnet.org/>  
 Membership advocacy organization.
- California Advocates for Nursing Home Reform** ..... (800) 474-1116  
<http://www.canhr.org/>  
 Provides long term care justice and advocacy.
- Deaf Counseling, Advocacy and Referral Agency**..... (510) 343-6670  
<https://dcara.org/>  
 Provides a comprehensive range of services to the deaf and hard of hearing people of the San Francisco Bay Area.
- Disability Rights California** ..... (916) 504-5800  
<http://www.disabilityrightsca.org/>  
 Advocates, educates, investigates, and litigates to advance the rights, dignity, equal opportunities, and choices for all people with disabilities.
- Disability Services and Legal Center** ..... (707) 258-0270  
<http://mydslc.org/>  
 Serves people with disabilities providing information, advice and assistance on a wide range of disability-related matters.
- Healthy Aging Population Initiative (HAPI)** ..... (707) 254-4169  
 HAPI partners share a vision that older adults living in Napa Valley will have a high quality of life that allows them to remain healthy, safe, secure and independent for as long as possible. Current Chairs are Celine Regalia ([cregalia@collabriacare.org](mailto:cregalia@collabriacare.org)) and Naomi Dreskin-Anderson.
- Long Term Care Ombudsman** ..... (707) 255-4236  
<http://napaombudsman.org/>  
 Provides care facility complaint resolution and advocacy as well as maintaining lists of local Residential Care facilities for the elderly (RCFE’s), and Skilled Nursing facilities.

**Napa County Commission on Aging**..... (707) 253-3818

<https://www.countyofnapa.org/1000/Commission-on-Aging>

Serves as an advocate for the senior population by helping them to maintain a good quality of life and to remain independent by increasing awareness of the issues facing older adults in Napa County and by influencing public policy through regular reports to the Board of Supervisors.

**On The Move: LGBTQ Connection** ..... (707) 251-9432

<http://www.lgbtqconnection.org/>

Engages people, their families and community, and trains providers from local organizations across Northern California to increase the safety, visibility and well-being of LGBTQ residents.

**United Cerebral Palsy of the North Bay** ..... (707) 584-5859

<http://www.ucpnb.org/>

Resource for disabled.

## AGING & DISABILITY RESOURCES

**California Health and Human Services Agency: Master Plan for Aging** ..... (916) 654-3454

<https://www.chhs.ca.gov/home/master-plan-for-aging/>

Governor Gavin Newsom issued an executive order calling for the creation of a Master Plan for Aging to be developed. The Master Plan will serve as a blueprint that can be used by state government, local communities, private organizations and philanthropy to build environments that promote an age friendly California.

**California Senior Gateway** .....(916) 419-7500

<https://seniors.ca.gov/>

A one-stop website intended to provide seniors, their families, and caregivers with the information they need to connect to helpful services and resources, to find answers, and solve problems.

**Canine Companions for Independence**.....(800) 572-2275

<https://www.cci.org/>

A non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

**Digital Literacy, Inclusion and Safety Council**.....(888) 323-4128

<https://www.dliscouncil.org/>

Promoting a digitally inclusive society and safe and effective use of the internet by all Americans. Authors of the guide, “Everything Medicare Covers Around the House”: <https://www.theseniorlist.com/research/medicare-benefits-home-improvements/>

**Disability Rights California** ..... (916) 504-5800

<http://www.disabilityrightsca.org/>

Advocates, educates, investigates, and litigates to advance the rights, dignity, equal opportunities, and choices for all people with disabilities.

**Earle Baum Center** ..... (707) 523-3222

<https://earlebaum.org/>

Provides low vision clinic support, counseling, core classes, enrichment programs and support groups to people with sight loss in Sonoma, Lake, Mendocino and Napa counties.

**Guide Dogs for the Blind** .....(800) 295-4050

<https://www.guidedogs.com/>

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision from throughout the United States and Canada. All services are provided free of charge.

**Institute on Aging** ..... (415) 750-4111

<https://www.ioaging.org/>

Provides health services, social and emotional support, and education and advocacy.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults (CSOA)** ..... (707) 253-3818

<http://www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults>

A division of Health and Human Services providing services for the elderly, blind and people with disabilities. Programs include: In-Home Supportive Services (IHSS), IHSS Public Authority, Adult Protective Services, Medi-Cal, Public Administrator/Guardian/Conservator, Older Adult Mental Health, Public Health and Veterans Services. Co-located at CSOA are Senior Information & Assistance, Healthy Minds & Healthy Aging and the Multi-Purpose Senior Services Program (MSSP).

**Napa/Solano Area Agency on Aging** ..... (707) 784-8960

<http://aaans.org/>

Area Agencies on Aging (AAAs) were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 and over in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities.

**National Heart Association**.....(800) 242-8721

<https://www.heart.org/en>

Voluntary organization dedicated to fighting heart disease and stroke.

**National Library Service for the Blind and Physically Handicapped (NLS)** ..... (888) 657-7323

<http://www.loc.gov/nls/>

A free braille and talking book library service for people with temporary or permanent low vision, blindness, or a physical disability that prevents them from reading or holding the printed page.

**National Stroke Association** .....(800) 787-6537

<https://www.stroke.org/>

Stroke education and programs.

**North Bay Regional Center**..... (707) 256-1100

<http://nbrc.net/>

Coordinate services for children and adults with developmental and intellectual disabilities, including diagnosis and evaluation, individual program planning, prevention, crisis intervention, advocacy and family support.

**Parkinson's Institute and Clinical Center** .....(650) 770-0201

<https://www.parkinsonsinstitute.org/>

**United Cerebral Palsy of the North Bay** ..... (707) 584-5859

<https://ucpn.org/>

## CAREGIVER INFORMATION

**Caregiver Action Network (CAN)**.....(202) 454-3970

<https://caregiveraction.org/>

A non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

**Collabria Care** ..... (707) 258-9087

<https://collabriacare.org/caregiver-resources/caregiver-support-groups/>



Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

**Collabria Care: Caregiver Referral Registry** ..... (707) 253-4248

<https://collabriacare.org/information-and-assistance/>

Manages a registry of carefully screened caregivers and assists in connecting those in need of help with caregivers.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults: Caregiver Registration**..... (707) 259-8789

<https://www.countyofnapa.org/209/Caregiver-Registration>

To comply with the Elder and Dependent Adult Protection law, any individual working in Napa County and providing in-home care for compensation, must register as a caregiver through the California Department of Social Services Home Care Aide Registry. IHSS care providers who only work for IHSS recipients or individuals who hold a current state license (e.g. registered nurses, certified nursing assistants, licensed vocational nurses) are not required to register.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults: IHSS Public Authority** ..... (707) 259-8359

<https://www.countyofnapa.org/702/In-Home-Support-Services-Public-Authorit>

Works in conjunction with IHSS to establish and maintain a “registry” of screened care providers that can be accessed by IHSS recipients. Upon request, the Public Authority will send a recipient a list of care providers. The Public Authority also helps recipients who need assistance interviewing and selecting a qualified and compatible home care provider. The Public Authority provides training opportunities for providers on CPR/First Aid, caregiving skills, best practices, communication, and other relevant topics.

**National Alliance for Caregiving** ..... (301) 718-8448

<http://www.caregiving.org/>

Resources for family caregivers.

**Redwood Caregiver Resource Center** ..... (800) 834-1636

<http://www.redwoodcrc.org/>

Part of a statewide system of eleven nonprofit Caregiver Resource Centers (CRCs) offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.

## DEMENTIA & ALZHEIMER'S DISEASE

**Alzheimer's Association** ..... (707) 573-1210

<https://www.alz.org/norcal?set=1>

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the global Alzheimer’s epidemic.

**Collabria Care: Alzheimer’s Resource Center** ..... (707) 258-9087

<https://collabriacare.org/alzheimers-services/>

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

**Kaiser Memory & Aging Center** .....(707) 651-2474

<https://thrive.kaiserpermanente.org/care-near-you/northern-california/napasolano/departments/memory-clinic/>

An interdisciplinary program designed to help provide Napa-Solano Kaiser Permanente members with a comprehensive assessment of their memory problems and link them with needed resources.

**UC Davis Health: Alzheimer’s Disease Center** ..... (925) 357-6515

<https://health.ucdavis.edu/alzheimers/>

Conducts basic and clinical research including clinical trials, clinical evaluations, community outreach and education, professional education, and research training.

## DISASTER ASSISTANCE

**American Red Cross: Napa County Office** ..... (707) 438-7060

<https://www.redcross.org/local/california/northern-california-coastal/about-us/locations/north-bay.html>

Provides relief to those impacted by disasters and empowers the community to prepare for, respond to, and recover from emergencies.

**Center for Volunteer & Nonprofit Leadership (CVNL)** ..... (707) 252-6222

<https://cvnl.org/volunteerism/disaster-services/>

During an emergency and once activated, CVNL will set up Emergency Volunteer Center hubs where spontaneous volunteers will be guided by members through a training process and directed to a productive support role.

**Community Organizations Active in Disaster (COAD)**..... (707) 815-4227

<http://napavalleycoad.org/>

Develops and enhances partnerships for communication, coordination & collaboration amongst the whole community including non-profit & faith-based organizations, government agencies, and the private sector during all phases of disaster.

**Molly's Angels: Emergency Grocery Delivery** ..... (707) 224-8885

<http://www.mollysangels.com/>

During times of community need, such as the wildfire season, public safety power shutoffs (PSPS) and emerging crisis such as the Coronavirus pandemic, Molly's Angels activates a network of volunteers who deliver necessary food and supplies, as well as check-in phone calls to isolated seniors in need.

**Up Valley Family Centers: Senior Services** ..... (707) 965-5010

<http://upvalleyfamilycenters.org/seniors/>

The Emergency Assistance Program provides support for local individuals and families in times of crisis. Aid can come in the form of tangible goods, or monetary aid.

## EDUCATION & RECREATION

**American Canyon Library** ..... (707) 644-1136

<https://www.countyofnapa.org/610/American-Canyon-Library>

**American Canyon Senior Multi-Use Center** ..... (707) 647-5350

<http://www.cityofamericancanyon.org/Home/Components/FacilityDirectory/FacilityDirectory/2/1093?npage=2>

Offers health, recreational, and educational programs, as well as cultural events and social services for adults over fifty.

**Berryessa Senior Center** ..... (707) 966-0206

<http://lakeberryessanews.com/the-lake-berryessa-senior.html>

Provides older adults, families and children with a friendly, supportive place for social interaction, activities, educational opportunities, community involvement, and access to public services.

**Bookshare** ..... (650) 644-3400

<http://www.bookshare.org/>

An online library of digital books for people with reading disabilities.

**Calistoga Library** ..... (707) 942-4833

<http://www.countyofnapa.org/612/Calistoga-Library>

**Calistoga Parks & Recreation** ..... (707) 942-2838

<http://www.ci.calistoga.ca.us/city-hall/departments-services/recreation-services>

Offers a variety of indoor and outdoor facilities and activities that promote health, fitness, education, cultural awareness, sportsmanship, family interaction and appreciation of surroundings.

**City of Napa Senior Activity Center** ..... (707) 255-1800

<http://www.cityofnapa.org/Facilities/Facility/Details/Senior-Activity-Center-18>

Offers health, recreational, and educational programs, as well as cultural events and social services for adults over fifty and fabulous. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program. Membership program is available and provides discounts on holiday meals.

**Covia: Well Connected** .....(877) 797-7299

<https://covia.org/services/well-connected/>

Offers groups and classes on a wide range of topics.

**Napa County Historical Society**..... (707) 224-1739

<http://napahistory.org/>

Operates a non-circulating research library that is open to the public.

**Napa County Main Library** ..... (707) 253-4241

<https://www.countyofnapa.org/614/Napa-Main-Library>

**Napa Parks and Recreation Services** ..... (707) 257-9529

<http://www.cityofnapa.org/354/Parks-Recreation-Services>

Provides a variety of recreation programs for community members including seniors, and individuals with special needs. Activities include sports leagues and instruction, aquatics, day camps, and a diverse array of fun and educational classes.

**Napa Valley Adult Education** ..... (707) 253-3594

<http://www.adulted.nvUSD.k12.ca.us/>

Educates and prepares our diverse community for civic life, higher education, the workplace, and lifelong learning.

**Napa Valley College**..... (707) 256-7000

<http://www.napavalley.edu>

**Napa Valley College: Upper Valley Campus** ..... (707) 302-2452

<http://www.napavalley.edu>

**Ole Health: Classes and Groups** .....(707) 254-1770

<https://www.olehealth.org/our-services/classes-groups/>

Offer many classes to help you manage your health and maintain a healthful, happy lifestyle.

**Pacific Union College** ..... (707) 965-6313

<https://www.puc.edu/>

**Rianda House Senior Activity Center** ..... (707) 963-8555

<https://www.riandahouse.org/>

Offers a one-stop shop approach to connect the community’s senior population to the programs, services and resources needed to support independence and successful aging.

**St. Helena Library** ..... (707) 963-5244

<https://www.shpl.org/>

**Yountville Library** ..... (707) 944-1888

<https://www.countyofnapa.org/613/Yountville-Library>

## EMPLOYMENT & VOLUNTEERISM

**California Department of Rehabilitation** ..... (707) 253-4924

<http://www.dor.ca.gov/>

Provides assistance to community members with a disability or disabilities who are looking for new employment, who need help with maintaining their current employment or who desire to advance in their current employment.

**Center for Volunteer & Nonprofit Leadership (CVNL)** ..... (707) 252-6222

<http://cvnl.org/>

Connects individuals to the causes that meet their interests and need their help.

**Napa Valley CanDo** .....(707) 252-7743

<http://nvcando.org/>

Connects and facilitates volunteer action by alerting interested Napa Valley residents about opportunities for service.

**Napa Valley PSI** ..... (707) 255-0177

<http://www.napavalleypsi.org/>

Provides work training and job placement for adults with developmental disabilities.

**Napa Valley Support Services: Imperial Way Program** ..... (707) 253-0400

<http://www.napavalleysupportservices.org/programs/imperial-way/>

Supports individuals with developmental disabilities to maximize their personal and vocational potential.

**Napa Valley Support Services: Napa Personnel Systems** ..... (707) 253-7490

<http://www.napavalleysupportservices.org/programs/napa-personnel-systems/>

Supports individuals with disabilities find, learn and maintain jobs.

**United Cerebral Palsy of the North Bay: WineBev Services** ..... (707) 603-0010

<https://ucpnb.org/>

An employment program for adults with disabilities, adults with barriers to employment and adults who support workers with disabilities.

## END-OF-LIFE CARE

**Adventist Health St. Helena: Home Care Services** ..... (707) 967-5770

<https://www.adventisthealth.org/locations/adventist-health-home-care-services-napa-county/>

Home care for patients who have suffered serious illness or are coping with chronic medical conditions.

**California Department of Consumer Affairs' Cemetery and Funeral Bureau** .....(916) 574-7870

<https://cfb.ca.gov/>

Licenses funeral agencies and publishes a consumer guide.

**Collabria Care: Hospice** ..... (707) 258-9080

<http://collabriacare.org/>

Specialized care that addresses the unique needs of individuals and their families when facing the end of life.

**Collabria Care: Palliative Care** ..... (707) 258-9080

<http://collabriacare.org/>

An interdisciplinary caregiving approach aimed at optimizing quality of life and providing relief from the symptoms and stress of progressive or advanced illness.

**Honoring Choices Napa Valley** ..... (707) 738-7958

<http://www.hcnv.org/>

Coalition of organizations committed to promoting Advance Care Planning (ACP) to ensure informed healthcare decision-making at all stages of life, and particularly the end of life.

**Hospice Foundation of America** ..... (800) 854-3402

<http://www.hospicefoundation.org/>

End-of-life information.

## FINANCIAL & UTILITY ASSISTANCE

**AT & T Access** ..... (855) 220-5211

<https://www.att.com/shop/internet/access/#/>

Provides wireline Home Internet to limited income households who participate in the Supplemental Nutrition Assistance Program or receive Supplemental Security Income benefits in California.

**California LifeLine** ..... (866) 272-0357

<https://www.californialifeline.com/en>

The California LifeLine Program is a state program that provides discounted home phone and cell phone services to eligible households.

**California's Low Cost Auto Insurance Program** ..... (866) 602-8861

<https://www.mylowcostauto.com/get-started/program-overview>

A state-sponsored program that makes auto insurance affordable, helping you drive responsibly and legally.

**California Phones: California Telephone Access Program** ..... (800) 330-5100

<https://californiaphones.org/>

Provides free specialized phones and accessories for your mobile phone to all qualified Californians.

**Franchise Tax Board** ..... (800) 852-5711

<http://www.ftb.ca.gov/>

**Internal Revenue Services (IRS)** ..... (800) 829-1040

<http://www.irs.gov/>

**Lifeline** ..... (800) 234-9473

<https://www.lifelinesupport.org/>

A federal program that lowers the monthly cost of phone and internet.

**Low Income Energy Assistance Program (LIHEAP)** ..... (866) 674-6327

<https://www.benefits.gov/benefit/623>

Assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

**North Coast Energy Services** ..... (800) 233-4480

<http://www.northcoastenergyservices.com/index.html/>

Provides energy conservation, consumer education & advocacy, home improvement, utility assistance, job training, and other services to people in need.

**PG & E: California Alternative Rates for Energy (CARE)** .....(866) 743-2273

[https://www.pge.com/en\\_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page](https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page)

Provides discount on gas/electric bills for qualified low-income households.

**PG & E: Family Electric Rate Assistance (FERA)** .....(877) 660-6789

[https://www.pge.com/en\\_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page](https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page)

Provides discount on gas/electric bills for qualified low-income households.

**PG & E: Medical Baseline** ..... (800) 743-5000

<https://www.pge.com/medicalbaseline/>

Financial assistance for those with medical conditions.

**Puertas Abiertas Community Resource Center** ..... (707) 224-1786

<https://www.puertasabiertasnapa.org/>



Bilingual/bicultural staff provide a variety of health, social service and education services that have a significant impact on family interaction, financial stability, civic involvement, and educational success.

**Season of Sharing** ..... (707) 299-1890

<https://www.countyofnapa.org/2475/Season-of-Sharing>

Provides temporary financial assistance to individuals and families in crisis to pay for housing and emergency needs (rental/mortgage, utilities, medical/dental, auto) that cannot be met through other resources.

**Up Valley Family Centers: Senior Services** ..... (707) 965-5010

<http://upvalleyfamilycenters.org/economic-stability/>

Provides income tax assistance, adult education (Plaza Comunitaria), financial education and more.

**Telephone Access Program** ..... (800) 806-1191

<http://californiaphone.org/>

End-of-life information.

## FOOD & MEALS

**CANV: Food Bank/Food Pantry Network** ..... (707) 253-6128

<http://canv.org/>

Allows low-income residents of Napa County to receive an allotment of food from one of 7 locations every 30 days. Allotments are based on household size but will consist of meat, dairy, produce and dry and canned food items.

**CANV: Meals on Wheels** ..... (707) 253-6100

<http://canv.org/>

A program that delivers meals to individuals at home who are unable to purchase or prepare their own meals.

**CANV: Senior Brown Bag Program** ..... (707) 253-6128

<http://canv.org/>

Enables seniors age 60 or older to remain independent as long as possible by giving them a “Brown Bag” with approximately 10 to 14 food items twice a month.

**Feeding It Forward** ..... (707) 927-3213

<https://fifnv.org/home/about>

Works to reduce waste and alleviate hunger in Napa County through collaborative efforts. We rescue excess fresh food from donors and deliver it to organizations fighting hunger in our community.

**Molly's Angels: Food Redistribution**..... (707) 224-8885

<http://www.mollysangels.com/>

Volunteers pick up unused goods from Panera and Pizza Hut weekly, and deliver them to low income senior housing and the Napa Senior Center.

**Napa County Health and Human Services Agency: Self Sufficiency Services: CalFresh**..... (707) 253-4511

<https://www.countyofnapa.org/361/Self-Sufficiency-Services>

Provides eligibility determinations for food supplement program for low income county residents.

**Salvation Army: Napa Corps** ..... (707) 226-8150

<https://napa.salvationarmy.org/>

Coordinates the Neighborhood Table program, which serves a free hot lunch on weekdays, 11:30 am -12:30 pm.

## HEALTH CARE

**Adventist Health St. Helena: Hospital** ..... (707) 963-3611

<https://www.adventisthealth.org/st-helena/>

**Kaiser Permanente Napa Medical Offices** ..... (707) 258-2500

<http://healthy.kaiserpermanente.org/northern-california>

**Kaiser Permanente Vallejo Medical Center**..... (707) 651-1000

<http://healthy.kaiserpermanente.org/northern-california>

**Medi-Cal Dental Program**..... (800) 322-6384

<https://dental.dhcs.ca.gov/>

Covers a variety of dental services for Medi-Cal beneficiaries, such as: diagnostic and preventative dental hygiene, tooth extractions, fillings, root canal treatments, periodontal maintenance.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults: Public Health** ..... (707) 253-3818

<https://www.countyofnapa.org/201/Public-Health-Nursing>

Provides individualized intervention to CSOA clients who are medically fragile and most at risk of poor health outcomes.

**Napa County Health and Human Services Agency: Public Health** ..... (707) 253-4270

<https://www.countyofnapa.org/243/Public-Health>

The Public Health division serves the people of Napa County by protecting health, working to prevent disease, premature death and disability, promoting healthy lifestyles, supporting families in the work of raising whole and healthy children and responding to disasters, outbreaks and epidemics.

**Napa/Solano Dental Society** ..... (707) 428-3894

<https://napasolanodentalsociety.org/>

A professional association of dentists that is committed to the enhancement of the oral health education and dental welfare of the public.

**OLE Health: Calistoga** ..... (707) 709-2308

<https://www.olehealth.org/>

Offers team-based care that includes preventive health services, urgent care as well as management of chronic illnesses.

**OLE Health: Dental Services** ..... (707) 258-6128

<https://www.olehealth.org/our-services/dental/>

An expert team of dental providers committed to providing high quality and affordable dental care to patients.

**OLE Health: Napa** ..... (707) 254-1770

<https://www.olehealth.org/>

Offers team-based care that includes preventive health services, urgent care as well as management of chronic illnesses.

**OLE Health: St. Helena** ..... (707) 963-0931

<https://www.olehealth.org/>

Offers team-based care that includes preventive health services, urgent care as well as management of chronic illnesses.

**Share the Care** ..... (707) 492-3198

<http://napavalleysharethecare.com>

Manages a Stop Falls program, which includes home safety assessments, grab bar installation and home modification recommendations, and provides other services including: dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork, and a free medical equipment and home health supplies recycling and exchange program.

**St. Joseph Health: Queen of the Valley Medical Center: Hospital** ..... (707) 252-4411  
<https://www.thequeen.org/>

**VA Northern California Health Care System (VANCHCS)** ..... (800) 382-8387  
<https://www.northerncalifornia.va.gov/>  
Healthcare delivery system for veterans.

## HEALTH INSURANCE

**Community Health Initiative (CHI) Napa County** ..... (707) 227-0830  
<http://www.napachi.org/>  
Specially trained, bilingual/bicultural staff help families in Napa County who need information and assistance in enrolling in affordable health insurance plans, including Medi-Cal, Medicare and Covered California.

**Covered California** .....(800) 300-1506  
<https://www.coveredca.com/>  
A free service that connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act.

**Medicare** .....(800) 633-4227  
<https://www.medicare.gov/>  
Federal health care program for seniors and certain disabled persons.

**Medicare Health Insurance Counseling and Advocacy Program (HICAP)** ..... (800) 434-0222  
<http://senioradvocacyservices.org/hicap/>  
Provides seniors and disabled individuals with objective information about Medicare and other insurance issues so they can make informed decisions about their health care coverage. HICAP does not endorse, recommend, or sell health insurance plans. HICAP counseling is a free service funded by the California Department of Aging.

**Napa County Health and Human Services Agency: Self Sufficiency Services: Medi-Cal** ..... (707) 253-4511  
<https://www.countyofnapa.org/361/Self-Sufficiency-Services>  
Provides eligibility determinations for medically needy county residents; benefits are administered through the Partnership Health Plan of California for physical health and by HHS for mental health coverage.

**Partnership HealthPlan of California** ..... (800) 863-4155

<http://www.partnershiphp.org/Pages/PHC.aspx>

Partnership HealthPlan of California (PHC) is a non-profit community based health care organization that contracts with the State to administer Medi-Cal benefits through local care providers to ensure Medi-Cal recipients have access to high-quality comprehensive cost-effective health care.

**Social Security Administration** ..... (800) 772-1213

<https://www.ssa.gov/>

A government agency that administers social programs covering old age, disability, retirement and survivors' benefits.

**State of California Unemployment Development Department** ..... (866) 333-4606

<https://www.edd.ca.gov/>

Services include: assisting employers with labor needs, helping job seekers obtain employment, administering workforce programs for adults, dislocated workers, and youth, assisting disadvantaged recipients in becoming self-sufficient, helping unemployed and disabled workers through the administration of the UI and SDI programs, supporting state activities and benefit programs by collecting and administering employment-related taxes.

## HOME CARE & IN-HOME SERVICES

**Adventist Health St. Helena: Home Care Services** ..... (707) 967-5770

<http://www.adventisthealth.org/homecare/pages/locations/lake-napa.aspx>

Home care for patients who have suffered serious illness or are coping with chronic medical conditions.

**Choice in Aging: Multipurpose Senior Services Program (MSSP)** ..... (707) 708-0571

<https://choiceinaging.org/multipurpose-senior-services-program-mssp/>

Care management program, for Medi-Cal eligible recipients, that helps keep frail seniors safely at home and out of skilled nursing facilities.

**Napa County Health and Human Services Agency: CSOA: In-Home Supportive Services (IHSS)** ..... (707) 253-6272

<https://www.countyofnapa.org/187/In-Home-Supportive-Services>

Assists eligible low income aged, blind, and disabled persons, who are at risk for out-of-home placement, to remain safely at home by authorizing payment for care provider services. IHSS care providers may provide personal care services such as: bathing and grooming, dressing, and toileting, as well as domestic services such as: house cleaning, meal preparation/cleanup, shopping, and laundry.

**St. Joseph Health: St. Joseph Home Care ..... (707) 206-9124**

<https://www.stjosephhomecare.org/our-services/>

Skilled clinical staff will provide personalized care in the patient’s home environment.

**Queen of the Valley Medical Center: Community Outreach Department: CARE Network..... (707) 251-2000**

<https://www.thequeen.org/for-community/care-network/>

Helps low-income, uninsured or underinsured clients who have chronic medical conditions and who would benefit from services such as case management, advocacy, resource & referral and education.

## HOTLINES

**Adult Protective Services ..... (888) 619-6913**

**Alzheimer’s Association 24/7 Helpline..... (800) 272-3900**

**California Aging & Adult Information Line ..... (800) 510-2020**

**Domestic Violence & Sexual Abuse 24 Hours Hotline ..... (800) 799-7233**

**Mental Health Crisis Hotline ..... (707) 253-4711**

**SAGE LGBT Hotline .....(877) 360-5428**

**Suicide Prevention Hotline ..... (800) 273-8255**

**The Trans Lifeline ..... (877) 565-8860**

**Veterans Crisis Line (press 1) ..... (800) 273-8255**

## HOUSING & HOMELESS SERVICES

**Abode Services ..... (707) 271-7818**

<http://www.abodeservices.org/napa-county>

Operates an emergency shelter and provides outreach, housing support, and rental assistance. They also create and manage affordable housing.

**California Department of Housing and Community Development ..... (800) 952-8356**

<http://www.hcd.ca.gov/>

Provides housing and community development assistance and attempts to ensure everyone has access to “fair and equal” housing.

**California Department of Housing and Community Development: Manufactured and Mobile Homes ..... (800) 952-8356**

<https://www.hcd.ca.gov/manufactured-mobile-home/mobile-home-ombudsman/index.shtml>

Provides manufactured and mobile home assistance.

**California Housing Finance Agency (CalHFA) .....(800) 922-5432**

<https://www.calhfa.ca.gov/index.htm>

Supports the needs of renters and homebuyers by providing financing and programs so more low to moderate income Californians have a place to call home.

**Department of Housing and Urban Development (HUD) .....(415) 489-6400**

<https://www.hud.gov>

Federal agency responsible for national policy and programs that address America's housing needs, that improve and develop the Nation's communities, and enforce fair housing laws.

**Fair Housing Napa Valley ..... (707) 224-9720**

<http://napafairhousing.org/>

Provides extensive educational activities, which include both general and in-depth presentations on fair housing, and enforcement activities, which includes intake of discrimination complaints, testing, investigation, mediation, conciliation, and referrals for litigation and/or administrative enforcement.

**Fair Housing Advocates of Northern California ..... (415) 457-5025**

<http://fairhousingnorcal.org/>

Fair housing services and mortgage foreclosure prevention.

**Habitat for Humanity ..... (707) 422-1948**

<http://www.solanonapahabitat.org/>

Affordable housing construction.

**Housing Authority of the City of Napa** ..... (707) 257-9543

<http://www.cityofnapa.org/176/Housing-Division>

Administers various Federal, State and local programs to assist the community by providing affordable housing and supportive services at all levels of affordability.

**Napa Valley Community Housing** ..... (707) 253-6140

<http://www.nvch.org/>

Plans and builds new housing, purchases existing run-down properties and rehabilitates them, and manages affordable rental units for Napa County's low- and moderate-income residents.

**South Napa Shelter** ..... (707) 271-7818

<https://www.countyofnapa.org/272/Homeless-Services>

A shelter for individuals 18 years and older.

**VA Housing & Urban Development: VA Supportive Housing (HUD-VASH)**..... (877) 424-3838

<https://www.va.gov/homeless/hud-vash.asp>

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families find and sustain permanent housing.

## HOUSING LISTS

- **Affordable and Subsidized Housing List Napa County** [www.cityofnapa.org/DocumentCenter/View/5618](http://www.cityofnapa.org/DocumentCenter/View/5618)
- **Community Care Facilities** <https://www.cclcdss.ca.gov/carefacilitysearch/>
- **Residential Care Facilities Up Valley** <http://napaombudsman.org/residential-care-facilities-up-valley/>
- **Residential Care Facilities Napa** <http://napaombudsman.org/residential-care-facilities-napa/>
- **Residential Care Facilities American Canyon** <http://napaombudsman.org/residential-care-facilities-american-canyon/>
- **Skilled Nursing Facilities Napa** <http://napaombudsman.org/skilled-nursing-facilities-napa/>

## INFORMATION & ASSISTANCE



- Bay Area 211 (United Way Bay Area)** ..... (415) 808-4300  
<http://www.211bayarea.org/>  
 A comprehensive information and referral service for San Francisco, San Mateo, Napa, Marin, Santa Clara, and Solano counties.
- Benefits.gov** ..... (866) 487-2365  
<https://benefits.gov>  
 Online resource to help find federal benefits
- Born to Age** ..... (707) 652-9966  
<https://borntoage.com/>  
 Publishes senior advocacy, care and resource directories for Alameda, Contra Costa, Napa, Solano, Sonoma & Marin counties.
- Collabria Care: Senior Information and Assistance** ..... (707) 253-4248  
<https://collabriacare.org/information-and-assistance/>  
 The main access point for services and supports necessary for seniors age 60 and above, so they can maintain their long-term independence.
- Collabria Care: Up Valley Village** ..... (707) 815-0217  
<https://collabriacare.org/uvv/>  
 A membership-based organization providing easy access to in-home services and activities, so older adults can remain safely in their homes and their communities.
- Consumer Affairs Cemetery and Funeral Bureau** ..... (916) 574-7870  
<https://www.cfb.ca.gov>  
 Licenses funeral agencies and publishes consumer guides
- Disability Service and Legal Center** ..... (707) 258-0270  
[www.Mydslc.org](http://www.Mydslc.org)  
 Services for persons with disabilities
- Employment Services and Legal Center (EDD)** ..... (866) 333-4606  
<https://www.edd.ca.gov/>  
 Benefits enrollment
- Franchise Tax Board** ..... (800) 852-3571

<https://www.ftb.ca.gov/>

State tax agency

**Internal Revenue Service (IRS)** ..... (800) 829-1040

<https://www.irs.gov/>

Federal income and business taxes agency

**Hearing Loss Association of America (HLAA)** ..... (301) 657-2249

<https://www.hearinglossca.org>

Hearing loss information and assistance

**Napa County Comprehensive Services for older Adults** ..... (707) 253-3818

<https://www.countyofnapa.org/243>

Services for older, blind, and disabled adults

**Napa County Public Health** ..... (707) 253-4270

<https://www.countyofnapa.org/CSOA>

Responds to the community's public health needs

**National Stroke Association** ..... (800) 787-6537

<https://www.stroke.org>

Stroke education and programs

**Puertas Abiertas Community Resource Center** ..... (707) 224-1786

<https://www.puertasabiertasnapa.org/>

Bilingual/bicultural staff provide a variety of health, social service and education services that have a significant impact on family interaction, financial stability, civic involvement, and educational success.

**Poison Control** ..... (800) 222-1222

<http://www.calpoison.org/>

Poison expertise and treatment advice

**Redwood Caregiver Resource Center** ..... (800) 834-1636

<http://www.redwoodcrc.org/>

Part of a statewide system of eleven nonprofit Caregiver Resource Centers (CRCs) offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.

**SAGE**..... (877) 360-5428

<http://upvalleyfamilycenters.org/seniors/>

Resources for lesbian, gay, bisexual, and transgender (LGBTW) older adults.

**Social Security Offices** ..... (800) 772-1213

<http://ssa.gov>

Federal Social Security Office

**Up Valley Family Centers: Senior Services** ..... (707) 965-5010

<http://upvalleyfamilycenters.org/seniors/>

Provides resource, referral, case management and advocacy services specifically for seniors living UpValley.

## LEGAL SERVICES

**Bay Area Legal Aide**..... (707) 259-0579

<https://baylegal.org>

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.

**Legal Services of Northern California** ..... (707) 643-0054

<https://lsnc.net>

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.

**Long Term Care**..... (202) 401-4634

<http://longtermcare.acl.gov>

Information about long term care.

**Disability Rights California** ..... (916) 504-5800

<http://www.disabilityrightsca.org/>

Advocates, educates, investigates, and litigates to advance the rights, dignity, equal opportunities, and choices for all people with disabilities.

**Disability Services and Legal Center** ..... (707) 258-0270

<http://mydslc.org/>

Serves people with disabilities providing information, advice and assistance on a wide range of disability-related matters.

**Napa County District Attorney's Office** ..... (707) 253-4211

<http://www.countyofnapa.org/2086/District-Attorney>

Investigates alleged crimes in cooperation with law enforcement, and files criminal charges or brings evidence before the Grand Jury. The division includes Administration, Consumer / Environmental Protection, Criminal Division, Investigations Unit and Victim-Witness Services.

**Napa Superior Court**..... (707) 299-1100

<http://www.napa.courts.ca.gov/>

Responsible for processing all criminal cases and all civil cases including family law, probate, juvenile, and general civil matters.

**Puertas Abiertas Community Resource Center** ..... (707) 224-1786

<https://www.puertasabiertasnapa.org/>

Bilingual/bicultural staff provide a variety of health, social service and education services that have a significant impact on family interaction, financial stability, civic involvement, and educational success.

## LONG TERM CARE

**Long Term Care Ombudsman** ..... (707) 255-4236

<http://napaombudsman.org/>

Provides care facility compliant resolution and advocacy as well as maintaining lists of local Residential Care facilities for the elderly (RCFE's), and Skilled Nursing facilities.

**State of California Community Care Licensing (CCL): Adult & Senior Care Regional Office** ..... (707) 588-5026

<https://www.cclld.dss.ca.gov/carefacilitysearch/>

Licensing agency for Adult Residential and Day Care, Elderly Assisted Living & Home Care Organizations. Search here to find a facility or file a complaint.

**State of California Department of Public Health** ..... (916) 558-1784

<https://www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/PatientsResidentsFamily.aspx>

Licensing agency for Skilled Nursing Facilities. Search here to find a Skilled Nursing Facility or file a complaint.

## MEDICAL EQUIPMENT & ACCESS

**All Medical Supply & Equipment** .....(866) 514-9967

<http://www.allmedical-supplies.com/>

Sells, rents, services and repairs medical equipment and accepts Medi-Cal.

**Canine Companions for Independence**.....(800) 572-2275

<https://www.cci.org/>

A non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

**California Phones: California Telephone Access Program** ..... (800) 330-5100

<http://www.californiaphones.org/>

Provides free specialized phones and accessories for your mobile phone to all qualified Californians.

**Connect America**.....(800) 949-2434

<https://www.connectamerica.com/>

Largest independent provider of medical alert systems.

**Deaf and Disabled Telecommunications Program (DDTP)** ..... (800) 806-1191

<https://ddtp.cpuc.ca.gov/>

Provides telephone communications access for all deaf and disabled Californians.

**Guide Dogs for the Blind** .....(800) 295-4050

<https://www.guidedogs.com/>

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision from throughout the United States and Canada. All services are provided free of charge.

**Lifeline Medical Alarm Service**..... (707) 778-7883

<https://www.adventisthealth.org/st-helena/services/lifeline-medical-alarm-service-from-st-helena-ho/>

Medical alert system consisting of an alert device that can be carried with you or worn as a necklace or wristband.

**Medicare & Medicaid: Everything Medicare Covers around the House** .....(888) 323-4128

<https://www.theseniorlist.com/research/medicare-benefits-home-improvements/>

A comprehensive guide to home modifications, equipment, qualifying benefits and how to prove medical necessity.

**Share the Care** ..... (707) 492-3198

<http://napavalleysharethecare.com>

Provides information and referral as well as dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork, and fall prevention resources. They also manage a free medical equipment and home health supplies recycling and exchange program.

## MENTAL HEALTH & SUBSTANCE ABUSE

**Aldea Children & Family Services** ..... (888) 992-5332

<http://www.aldeainc.org/>

Provides a wide range of services for families, including mental health, children services, counseling, and support groups.

**Alternatives for Better Living**..... (707) 226-1248

<http://a4bl.org/>

Provides outpatient alcohol and drug abuse (substance abuse) counseling, treatment and education for adults. Drug use testing is available.

**Bay Area Community Services (BACS)** ..... (707) 654-8875

<http://www.bayareacs.org>

Acute crisis aftercare and residential services for adults with serious mental illness.

**Food Addicts in Recovery Anonymous** ..... (800) 228-1286

<http://www.foodaddicts.org>

Food addiction recovery program.

**Friendship Line: Institute on Aging**..... (800) 971-0016

<http://www.ioaging.org/service/friendship-line-California>

Telephone reassurance program.

**Gamblers Anonymous**..... (626) 960-3500

<http://www.gamblersanonymous.org/ga/locations>

Support group for gambling addiction.

**Mentis: Healthy Minds-Healthy Aging** ..... (781) 932-6300

<http://mentisnapa.org/>

A prevention and early intervention program for residents of Napa Valley who are 60 years and older, and show early signs of depression and/or cognitive decline.

**Napa County Health and Human Services Agency: Alcohol and Drug Services** ..... (707) 253-4063

<https://www.countyofnapa.org/160/Alcohol-Drug-Services>

Provides centralized access and standardized assessments, outreach, community information, service coordination, linkage and referral services to persons who self refer or are referred by the public, community partners, private section, or other agency programs.

**Napa County Health and Human Services Agency: Mental Health Division: Older Adult Mental Health** ..... (707) 253-3818

<https://www.countyofnapa.org/197/Older-Adult-Mental-Health>

Provides mental health case management and related services to older and disabled adults.

**Narcotics Anonymous** ..... (866) 642-3848

<https://napasolanona.org>

Support group for substance abuse recovery.

**National Alliance on Mental Illness (NAMI)** ..... (800) 950-6264

<https://nami.org/home>

Provides advocacy, education, support and public awareness about mental illness.

**Well Connected** ..... (877) 797-7299

<https://covia.org/programs/well-connected>

Telephone support and classes for seniors.

## SENIOR & COMMUNITY CENTERS

**American Canyon Senior Multi-Use Center** ..... (707) 647-5350

<http://www.cityofamericancanyon.org/Home/Components/FacilityDirectory/FacilityDirectory/2/1093?npage=2>

Offers health, recreational, and educational programs, as well as cultural events and social services for adults over fifty and fabulous. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program.

**Berryessa Senior Center** ..... (707) 966-0206

<http://lakeberryessanews.com/the-lake-berryessa-senior.html>

Provides older adults, families and children with a friendly, supportive place for social interaction, activities, educational opportunities, community involvement, and access to public services.

**City of Napa Senior Activity Center** ..... (707) 255-1800

<http://www.cityofnapa.org/Facilities/Facility/Details/Senior-Activity-Center-18>

Offers health, recreational, and educational programs, as well as cultural events and social services for adults over fifty and fabulous. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program. Membership program is available and provides discounts on holiday meals.

**On The Move: Innovations Community Center** ..... (707) 259-8692

<http://www.innovationscommunitycenter.org/#contact-us-1>

Providers and consumers work together to foster healing through storytelling, artistic expression, healthy living, spiritual practice and social connections. Members of the Innovations Community Center participate in support groups, one-on-one peer coaching, work experience and volunteer opportunities.

**Puertas Abiertas Community Resource Center** ..... (707) 224-1786

<https://www.puertasabiertasnapa.org/>

Bilingual/bicultural staff provide a variety of health, social service and education services that have a significant impact on family interaction, financial stability, civic involvement, and educational success.

**Rianda House Senior Activity Center** ..... (707) 963-8555

<https://www.riandahouse.org/>

Offers a one-stop shop approach to connect the community's senior population to the programs, services and resources needed to support independence and successful aging.

## SUPPORT & COUNSELING

**Aldea Children & Family Services** ..... (888) 992-5332



<http://www.aldeainc.org/>

Provides a wide range of services for families, including mental health, children services, counseling, and support groups.

**Alzheimer's Association** ..... (707) 573-1210

<http://act.alz.org>

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the global Alzheimer's epidemic.

**Collabria Care** ..... (707) 258-9087

<https://collabriacare.org/caregiver-resources/caregiver-support-groups/>

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

**Collabria Care: UpValley Village** ..... (707) 815-0217

<https://collabriacare.org/uvv/>

A membership-based organization providing easy access to in-home services and activities, so older adults can remain safely in their homes and their communities.

**Depression Bipolar Support Alliance: Napa Chapter** ..... (707) 738-2195

<http://napabipolardepression.com/>

The Napa Valley Bipolar Depression Support Group is open to those with bipolar disorder or major depression, as well as family members of those with these mood disorders.

**Gay, Lesbian, Bisexual, Transgendered National Help Center** ..... (888) 843-4564

<http://www.glbthotline.org/national-hotline.html>

Provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

**Institute on Aging: Friendship Line** ..... (800) 971-0016

<https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

An accredited crisis line for people aged 60 years and older, and adults living with disabilities. We also make on-going outreach calls to lonely older adults.

**On The Move: LGBTQ Connection** ..... (707) 251-9432

<http://www.lgbtqconnection.org/>

**Molly's Angels: Telephone Reassurance** ..... (707) 224-8971

<http://www.mollysangels.com/>

Volunteers make weekly check-in calls to seniors living alone in Napa County offering a safety check, and friendly conversation, helping to alleviate loneliness and depression.

**NEWS: Domestic Violence & Sexual Abuse Services** ..... (707) 255-6397

<https://www.napanews.org/>

Provides 24-hour Emergency Response with law enforcement, 24-hour Help Line, emergency confidential shelter, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

**OLE Health: Classes & Groups** ..... (707) 254-1770

<https://www.olehealth.org/our-services/classes-groups/>

Offer many classes to help you manage your health and maintain a healthful, happy lifestyle.

**Share the Care** ..... (707) 492-3198

<http://napavalleysharethecare.com>

Provides information and referral as well as dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork, and fall prevention resources. They also manage a free medical equipment and home health supplies recycling and exchange program.

## TRANSPORTATION

**American Cancer Society: Road to Recovery** ..... (800) 227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

**California Department of Motor Vehicles: California Senior Driver** ..... (800) 777-0133

<https://www.dmv.ca.gov/portal/driver-education-and-safety/special-interest-driver-guides/senior-drivers/>

Information developed specifically for senior drivers.

**Molly's Angels: Transportation** ..... (707) 224-8971

<http://www.mollysangels.com/>

Free transportation to and from medical appointments for seniors. By offering free transportation, we support seniors living longer in their own homes.

**Napa Valley Transportation Authority (NVTA) ..... (707) 259-8631**

<http://www.nvta.ca.gov/>

Operates the VINE, the Napa area’s bus system and oversee’s the planning and funding of paratransit (transportation for special needs and disabled riders), the maintenance and improvement of highways, streets and roads, bicycle and transit including: VINE Routes, VINE Go Paratransit, St. Helena Shuttle, Calistoga Shuttle, Yountville Trolley, Vine 29 Express, Taxi Script Program & Transit Ambassador Program.

**NVTA: American Canyon Transit..... (707) 557-7557**

<https://vinetransit.com/routes/american-canyon-transit/>

A fixed route and on-demand, door-to-door, transit service within specific areas of the city. Call (707) 557-7557 for same-day pick-up. You can also request and track your ride using the Ride the Vine app.

**NVTA: Calistoga Shuttle ..... (707) 963-4229**

<https://vinetransit.com/routes/calistoga-shuttle/>

An on-demand transit service within Calistoga city limits for the general public. No advanced reservations required. The Shuttle is wheelchair accessible and connects with Vine Transit routes 10 and 29.

**NVTA: Lifeline Taxi Program ..... (707) 251-2800**

<http://vinetransit.com/taxi-scrip/>

Supplements the regular VINE bus system for seniors and/or persons with disabilities that have evening trips after the bus goes out of service, or on a day when the rider may not feel well enough to take the bus.

**NVTA: St. Helena Shuttle ..... (707) 963-3007**

<https://vinetransit.com/routes/st-helena-shuttle/>

An on-demand, door-to-door, transit service within specific areas of the city. The service also operates on fixed route during the AM and PM on weekdays.

**NVTA: Vine Transit Ambassador Program..... (707) 259-8631**

<https://www.nvta.ca.gov/vine-transit-ambassador-program>

Offers personalized orientation for new users of public transit in Napa County. Trained volunteers assist new riders in learning how to: read schedules, plan a trip, where to catch the bus, plan transfers, pay the fare/use passes, use special features such as the wheelchair lift.

**NVTA: VineGo Paratransit**..... (707) 251-2800

<https://vinetransit.com/vine-go/>

Passenger pick-up from the doorsteps of their home to their destinations. The service is strictly for individuals with physical and/or cognitive limitations that prevent them from riding the Vine bus.

**NVTA: Yountville Trolley** ..... (707) 944-1234

<https://vinetransit.com/routes/yountville-trolley/>

Free service that provides door to door rides for residents and visitors to the Town of Yountville and the Veterans Home.

**Partnership HealthPlan of California: Medical Transportation Management**..... (888) 828-1254

<http://memberportal.net/?planCode=PSC>

For members who need assistance getting to medical appointments by car, bus, train or taxi.

## VETERANS SERVICES

**California Department of Veterans Affairs**..... (800) 952-5626

<http://www.calvet.ca.gov/>

Provides California veterans and their families with aid and assistance in presenting their claims for veterans' benefits under the laws of the United States; to provide them with beneficial opportunities through direct low-cost loans to acquire farms and homes; and to provide the state's aged or disabled veterans with rehabilitative, residential, and medical care and services in a home-like environment at the California Veterans Homes.

**Napa County Health and Human Services Agency: Comprehensive Services for Older Adults: Veterans Services** ..... (707) 253-4558

<https://www.countyofnapa.org/203/Veterans-Services>

Provides assistance to veterans and their dependents to help them obtain Federal benefits, including: compensation for service connected disabilities, pensions for low-income veterans who served during a time of war, medical care, spousal benefits, tuition fee waivers for eligible dependents and other services.

**National Archives: Veterans Service Records**..... (866) 272-6272

<https://www.archives.gov/veterans>

Repository of military records.

**The American Legion, Post 113**..... (707) 287-3439

<https://www.legion.org/>

A service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow service members and veterans.

**US Department of Veterans Affairs** ..... **(844) 698-2311**

<https://www.va.gov/>

Provides health care services, benefits programs and access to national cemeteries to former military personnel and their dependents.

**VA Health Care System: Northern CA** ..... **(855) 771-9321**

[http://www.northerncalifornia.va.gov/locations/Mare\\_Island\\_OPC.asp](http://www.northerncalifornia.va.gov/locations/Mare_Island_OPC.asp)

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

**VA Health Care System: San Francisco** ..... **(877) 487-2838**

<https://www.sanfrancisco.va.gov/>

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

**VA Housing & Urban Development: VA Supportive Housing (HUD-VASH)** ..... **(877) 424-3838**

<https://www.va.gov/homeless/hud-vash.asp>

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families find and sustain permanent housing.

**VA/DoD eBenefits** ..... **(800) 983-0937**

<https://www.ebenefits.va.gov/ebenefits/homepage>

A Web portal that provides Service Members, Veterans, their families, and authorized caregivers with a single sign-on, central access point to clinical and benefits information.

**Veterans Home of California: Yountville** ..... **(707) 944-4500**

<https://www.calvet.ca.gov/VetHomes/Pages/Yountville.aspx>

The largest veterans' home in the United States, offering residential accommodations with a wealth of recreational, social, and therapeutic activities for independent living.

**Veterans Resources of America** ..... **(707) 578-2785**

<https://www.vetsresource.org/>

Resource centers are embedded in local communities across California, Arizona, and Nevada with a primary focus on housing assistance, behavioral health treatment, and case management.

**Vietnam Veterans of America (VVA-chapter 702) ..... (707) 944-2431**

<https://vva.org/chapter/vva-chapter-702/>

Promote and support the full range of issues important to Vietnam veterans, to create a new identity for this generation of veterans, and to change public perception of Vietnam veterans.

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